

**START HERE**  
**St. Louis Area**  
**Resource Directory**  
**2020**

*Visit our website:*

**[www.startherestl.org](http://www.startherestl.org)**

*for more listings and information  
about printing copies from a PDF.*

Heartland Zen 2019  
[www.heartlandzen.org](http://www.heartlandzen.org)

***The Start Here St. Louis Area Resource Directory*** and its corresponding website gather into one place many of the resources and services that are available throughout the metropolitan area. In addition to addresses and phone numbers, we've provided the website address for most these organizations.

***DISTRIBUTION:***

Up to 50 free copies may be ordered from

**CRIMINAL JUSTICE MINISTRY**

1100 S. Jefferson Ave., St. Louis, MO 63104

**Office: 314-652-8062**

**info@cjmstlouis.org**

Call or send an email to arrange a time to pick up the directories from their office.

***www.startherestl.org***

Visit the Start Here website for more information, as well as additional updated listings.

If you are aware of any changes, updates or closings send an e-mail to ***startherestl@gmail.com***

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Services provided in this directory can change at any time due to funding and/or resources available.

# BEFORE YOU START

*Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements, and make use of what they have to offer.*

## HOW TO USE THIS DIRECTORY

1. Make a list of your needs, and seek help for the ones that are most important. Prioritize!
2. Locate providers who can provide services that fit your needs.
3. Try to provide all of the information that's being requested when you visit an agency or talk with a caseworker. Making their job easier will reflect back to you.

## HOW TO GET RESULTS WHEN YOU CONTACT AGENCIES

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information, such as how or where you can be reached or receive messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that available.
4. Be sure to record the names and titles of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

## HOUSING HELPLINE 314-802-5444

*For shelter and housing programs, start the intake process here:*

1. HOMELESS HELPLINE: 314-802-5444  
OR
2. ST. PATRICK CENTER 314-802-0700  
WELCOME CENTER 800 North Tucker 63101  
[www.stpatrickcenter.org](http://www.stpatrickcenter.org)  
Walk-in hours Monday-Friday from 8am-4:30pm.  
First come first served 8am-1pm.

# CLOTHING & HOUSEHOLD

## CENTRAL REFORM CONGREGATION

5020 Waterman 63108

314-361-3919

Clothing and food pantry Monday-Friday 9:00am-5:00am.

## CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS

2125 Bissell 63107 (In the Grace Hill building near Grand and Florissant)

[www.connectionstosuccess.org](http://www.connectionstosuccess.org) 314-584-6887

3000 Little Hills Expressway St. Charles 63301 636-940-8027

Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness.

## CRAIGSLIST FREE FURNITURE AND MORE

[www.stlouis.craigslist.org](http://www.stlouis.craigslist.org)

## DIAPER BANK

6141 Etzel Avenue 63133

[www.stldiaperbank.org](http://www.stldiaperbank.org) 314-624-0888

Call or visit the website for information on their referral process, including locations for emergency diapers.

## DREAM CENTER

4324 Margaretta Ave. 63115

[www.stldreamcenter.org](http://www.stldreamcenter.org) 314-381-0700

New and gently used clothing and accessories. Call for times.

## FOCUS GATEWAY CITY

1901 Ann Avenue 63104 314-776-4205

Food pantry and clothing open the 2nd and 4th Wednesdays from 9:00am-11:00am.

## FRIEND OF MOMS BABY BOUTIQUE

Chapel of the Cross - Lutheran 11645 Benham Rd. 63136

[www.chapelofthecross.org/friend-of-moms](http://www.chapelofthecross.org/friend-of-moms) 314-741-3737

Provides new and gently-used clothing and other resources.

## GUARDIAN ANGEL SETTLEMENT ASSOCIATION - ANGEL BOUTIQUE

3300 S. Jefferson 63118

[www.gasastl.org](http://www.gasastl.org) 314-773-9027

Child Development Center & Administration

1127 N. Vandeventer 63113 314-231-3188

They are open every day but an appointment is needed. Also food pantry.

## HABITAT FOR HUMANITY RESTORES

3830 South Grand Blvd 63118

[www.habitat.org/restores](http://www.habitat.org/restores) 314-531-4155

Home improvement items to the public at a fraction of the retail price. They sell building materials, appliances and furniture. More locations throughout the state.

## HELPING HAND ME DOWNS

8673 Olive Blvd., University City 63132

[www.helpinghandmedowns.org](http://www.helpinghandmedowns.org) 314-514-5987

Referral required. Clothing, toys, books and two large baby items (stroller, etc)..

**HOME SWEET HOME**

290 Hanley Industrial Court  
Brentwood, MO 63144

[hswww.homesweethomestl.org](http://hswww.homesweethomestl.org) 314-448-9838

Serves clients who are referred from partner non-profits. Furniture and household.

**ISAIAH 58 MINISTRIES**

2149 S Grand Blvd. 63104

[www.i58ministries.org](http://www.i58ministries.org) 314-776-1410

Clothing Monday-Friday, 10:00am-noon. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm. Jefferson to Kingshighway, Chouteau to Chippewa.

**LIFEWISE STL**

1321 S. 11th St. 63104 314-421-0400

The Bodega offers discounted high-quality essentials and clothing. Open to the community on Thursdays from 10am - 2pm and 4 - 7pm. Cash only.

**OASIS INTERNATIONAL**

5035 Gravois Ave. 63116

[www.oasisinternational.info](http://www.oasisinternational.info) 314-353-3800

English classes, clothing, furniture, social events and more for primarily refugee families. Monday-Thursday 9:00 am-4:00 pm.

**PAKT COMMUNITY RESOURCE CENTER**

500 Airport Rd Ferguson 63135

[www.paktcenter.org](http://www.paktcenter.org) 314-524-2710

Rent and utility assistance, food pantry, clothing, after-school program and more for North County residents. Call the number above for details.

**ST. AUGUSTINE'S CATHOLIC CHURCH (FATHER BOB'S)**

1371 Hamilton Ave. 63112

[www.st-augustine-stl.org](http://www.st-augustine-stl.org) 314-385-1934

Food pantry and clothing Monday and Friday 9:30am-11:00am.

**ST. AUGUSTINE'S WELSTON CENTER**

1705 Kienlen 63133

[www.wellstoncenter.org](http://www.wellstoncenter.org) 314-382-7158

Thrift Store with furniture open Friday 9am-1pm and Saturday 9am - noon.

**ST. JOHN'S COMMUNITY SERVICE MINISTRY**

2240 St. Louis Ave. 63106

314-533-8668

Monday and Friday 8:30am-10:30am. Clothing and food pantry. Call first.

**ST. LOUIS COMMUNITY RE-ENTRY PROGRAM**

1809 S. 8th St. 63104

314-621-0228 or 314- 951-4048

Clothing pantry Thursday 10:00am-2:00pm. Call to confirm.

**URBAN LEAGUE CLOTHING ASSISTANCE**

[www.ulstl.org](http://www.ulstl.org) 314-615-3600

City: 935 Vandeventer Ave. 63108 314-615-3690

County: 8960 Jennings Station Rd. 63136 314-388-9840

Many more locations. Hours of operation vary. Call for times. Clothing for all family members. Also, work appropriate clothing and clothing appropriate for those seeking employment. Website lists other locations.

# for DADS

## **BETTER FAMILY LIFE**

5415 Page Blvd. 63112

[www.betterfamilylife.org](http://www.betterfamilylife.org) 314-367-3440

Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs. Numerous programs and initiatives.

## **CHILD SUPPORT HOTLINE**

800-859-7999

Supportive services and information, including genetic testing and updates on cases.

## **CONNECTIONS TO SUCCESS**

See page 5 for info about this outreach program for job success.

## **EMPLOYMENT CONNECTION**

2838 Market Street 63103

[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)

Includes parenting, economic stability and legal services. See page 12 for more information about Employment Connection.

## **FATHERS SUPPORT CENTER**

Prince Hall Family Support Center and other locations

4411 N. Newstead 63115

[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org) 314-333-4170

Now working with women and families. Areas of focus include job readiness and retention skills, job placement, mentoring, legal clinic, youth leadership.

## **HISET HIGH SCHOOL EQUIVALENCY TEST (GED)**

[www.hiset.ets.org](http://www.hiset.ets.org) 1-855-MyHiSET 1-855-694-4738

The website offers support throughout the process, lists testing sites, preparation and more. The test is only given online so set up an account to start the process.

## **JUSTINE PETERSEN**

1023 North Grand Blvd 63106

929 North 15th St, East St. Louis, IL 62205

[www.justinepetersen.org](http://www.justinepetersen.org) 314-533-2411

Homeowner and small business loans, credit counseling, first time homebuyer options and more.

## **NATIONAL FATHERHOOD INITIATIVE**

[www.fatherhood.org](http://www.fatherhood.org)

To develop strong relationships between fathers who have been incarcerated, in the military and other situations, and their children. Check the website for resources.

## **PARENTS' FAIR SHARE**

[www.ded.mo.gov/jobseeker](http://www.ded.mo.gov/jobseeker) 1-800-859-7999

[www.missouricareersource.com](http://www.missouricareersource.com)

If you have an active child support case, this program offers GED and vocational classes, job search skills, transportation, and more to improve child-parent relations.

## **PARENT LINK**

[www.parentlink.missouri.edu](http://www.parentlink.missouri.edu) 800-552-8522 En Español: 888-460-0008

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

# DISABILITY SERVICES

**AMERICAN CIVIL LIBERTIES UNION (ACLU)**  
906 Olive #1130 63101  
[www.aclu-em.org](http://www.aclu-em.org) 314-652-3111

**ARC/St. Louis Arc**  
1177 N. Warson Rd. 63132  
[www.slarc.org](http://www.slarc.org) 314-569-2211

In-home residential support program, ARCH (Assistance with Residential Care in the Home), reimburses primary caregivers for short-term care. Support groups.

**ARTISTS FIRST**  
7190 Manchester Rd., Maplewood 63143  
[www.artistsfirststl.org](http://www.artistsfirststl.org) 314-781-4440  
Artists First offers art-based programs serving aspiring artists of all ages with developmental disabilities, pervasive mental illness, and/or traumatic brain injury.

**BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES**  
1329 Macklind Ave., Suite 200 63110  
[www.bilingualstl.org](http://www.bilingualstl.org) 314-645-7800  
Mental health and social services to the elderly and disabled foreign born. Counseling, case management, translation/interpretation services.

**BRIDGES COMMUNITY SUPPORT SERVICES**  
3114 Sutton Blvd. Maplewood 63143  
[www.bridgescss.com](http://www.bridgescss.com) 314-781-7900  
Individually tailored 24 hour support in a shared or individual home or apartment. Community Support, counseling and behavior therapy.

**CANTERBURY ENTERPRISES**  
7228 Weil Ave. 63119  
[www.canterburyinc.org](http://www.canterburyinc.org) 314-781-3999  
Sheltered workshop employing people with disabilities.

**CITY OF ST. LOUIS**  
Human Services Disabled Resources in the St. Louis Community  
[www.stlouis-mo.gov](http://www.stlouis-mo.gov)

**CENTER FOR HEARING AND SPEECH**  
9835 Manchester Rd. 63119  
[www.hearing-speechstlouis.org](http://www.hearing-speechstlouis.org) 314-968-4710  
Audiology and speech disorder facility treating hearing and speech disorders.

**CHALLENGE UNLIMITED**  
4 Emmie L. Kaus Lane Alton, IL 62002  
[www.cuinc.org](http://www.cuinc.org) 618-465-0044  
Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

**DEAF INC. Deaf Empowerment Awareness Foundation, Inc.**  
25 East Frisco Avenue Webster Groves, MO 63119  
[www.deafinc.org](http://www.deafinc.org) Voice/Videophone: 314 714-6400 Fax: 314 266-7427  
Interpreting Services Voice: 314 968-8868 Toll Free: 888 898-DEAF 3323  
Interpreting, advocacy, support groups and more. Some services are free. They provide assistance in courtroom and law enforcement situations.



**EASTERSEALS MIDWEST****11933 Westline Industrial Drive 63146****[www.easterseals.com/midwest/](http://www.easterseals.com/midwest/) 314-394-7100**

Range of services for children and adults, including autism, community living, more.

**FEDERAL GOVERNMENT WEBSITE****[www.disability.gov](http://www.disability.gov)**

Information on disability programs and services nationwide.

**INDEPENDENCE CENTER****4245 Forest Park Ave. 63108****[www.independencecenter.org](http://www.independencecenter.org) 314-533-4245**

A community based rehabilitation program for adults with severe and persistent mental illnesses built on the Clubhouse model of psychosocial rehabilitation.

**INDEPENDENT LIVING****[www.ilru.org](http://www.ilru.org)**

Centers for Independent Living (CILs) and Statewide Independent Living Councils (SILCs) National, state, and local directories, resources, and information.

**PARAQUAD****5240 Oakland Ave. 63110****[www.paraquad.org](http://www.paraquad.org) 314-289-4200**Hands-on, practical assistance for people with disabilities. Independent living, deaf services, health and wellness center, resources and **DEAFWAY interpreting**.**RAINBOW VILLAGE****1240 Dautel Ln. 63146****[www.rbvstl.org](http://www.rbvstl.org) 314-567-1522**

Neighborhood homes for people with developmental disabilities.

**REHABILITATION SERVICES FOR THE BLIND 800-592-6004****SOCIAL SECURITY WEBSITE [www.ssa.gov](http://www.ssa.gov)****ST. LOUIS EMPOWERMENT CENTER/Depression Bipolar Support Alliance****1908 Olive St. 63103****[www.dbsaempowerment.org](http://www.dbsaempowerment.org) 314-652-6100 Friendship Line: 866-525-1442**

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year. Support groups, programs and employment classes.

**ST. LOUIS SOCIETY FOR THE BLIND and VISUALLY IMPAIRED****8770 Manchester Rd. 63143****[www.slsbvk.org](http://www.slsbvk.org) 314-968-9000**

Programs, technical aids, therapy, transportation assistance, education, resources.

**ST. LOUIS HELP****[www.stlhelp.org](http://www.stlhelp.org) 636-933-9393**

Medical and health equipment lending/recycle program, including wheel chairs,

**STATE OF MISSOURI DISABILITY PORTAL****[www.disability.mo.gov](http://www.disability.mo.gov)****VOCATIONAL REHABILITATION****220 S Jefferson St., Room 110 63103****[dese.mo.gov/adult-learning-rehabilitation-services](http://dese.mo.gov/adult-learning-rehabilitation-services) 314-877-2940**

Many more. Wide range of job training, educational and employment services.

**1-877-222-8963 (voice) 573-751-0881 (TDD). Many locations.**

# DROP-IN CENTERS

## **CENTER FOR YOUTH ON THE RISE**

12075 Bellefontaine Rd. Spanish Lake 63138 314-355-2348

Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

## **COVENANT HOUSE**

2727 North Kingshighway 63113

[www.covenanthousemo.org](http://www.covenanthousemo.org) 314-533-2241

*For Youth.* Every afternoon. Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

## **EPWORTH'S YOUTH DROP-IN CENTER/STREET OUTREACH**

7520 Natural Bridge Rd. Normandy 63121

[www.epworth.org](http://www.epworth.org) Office-314-222-4877 Outreach-314-952-8689

Ages 18-24 in crisis; couch hopping; literally homeless

Ages 11-20 that are at risk of homelessness or are homeless.

Mon-Thur 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, clothing and hygiene items; computer work stations; healthcare, legal aid, and birth certificate and ID assistance; support for LGBTQ youth and allies.

## **PLACES FOR PEOPLE WELCOME CENTER**

4130 Lindell Blvd. 63108

[www.placesforpeople.org](http://www.placesforpeople.org) 314-615-2111

The Places for People Welcome Center has walk-in hours Monday-Friday 8-11:30. Walk-ins will meet with an intake clinician for screening, information and referrals.

## **RUSTIN'S PLACE DROP-IN CENTER**

1114 North Sarah St. 63113

[www.rustinsplace.org](http://www.rustinsplace.org) 314-553-9506

A program of Williams and Associates. Safe haven, free wi-fi, washers and dryers. STD/ST testing, social activities, health education, free pregnancy testing.

## **ST. LOUIS EMPOWERMENT CENTER**

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

[www.dbsaempowerment.org](http://www.dbsaempowerment.org) 314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00am-3:00pm. Lunch daily.

## **THE SPOT for ages 13-24**

4169 Laclede 63108

[www.thespot.wustl.edu](http://www.thespot.wustl.edu) 314-535-0413

A drop-in center with computers, medical care, showers, laundry, mental health counseling, and more. Open 1:00pm-4:30pm Mon, Tues, Thurs, Fri. . Walk-in medical services 1:00pm-2:30pm. Contraception, STD/HIV testing.

# EMPLOYMENT & TRAINING

## A RED CIRCLE

6439 Plymouth Ave., Suite #W130, 63133  
[www.aredcircle.org](http://www.aredcircle.org) 314-328-2286

Located in Wellston at the Stl Partnership Business Center to address employment, education, holistic living, policy, and the arts.

## AMERICORPS/VISTAS

1315 Ann Ave. 63104  
[www.americorpsstl.org](http://www.americorpsstl.org) 314-772-9002

Year-round recruitment for people to work in disaster relief and other projects.

## BETTER FAMILY LIFE

Cultural, Educational and Business Center (Headquarters)  
5415 Page Blvd 63112

[www.betterfamilylife.org](http://www.betterfamilylife.org) 314-367-3440

Missouri work assistance. Other Programs offered through the MET Center. Many resources and several locations.

## BUD PROGRAM: Building Union Diversity

American Job Centers  
1520 Market Street 63103  
3rd Floor. Apply in person 9:00am-4:00pm  
26 North Oaks Plaza 63121

[www.stlouis-mo.gov](http://www.stlouis-mo.gov)

Pre-apprenticeship training for careers in construction union trades.

## BUILDING FUTURES

Building Futures Design & Build Workshops  
2720 N. 13th St. 63106

[www.building-futures.org](http://www.building-futures.org) Workshop: 314-241-7222

Educational hands-on workshops and programs for youth in grades 4 - 12. Free Saturday workshops, in-school curriculum, afterschool projects and summer camps.

## CHALLENGE UNLIMITED

4 Emmie L. Kaus Lane Alton, IL 62002

[www.cuinc.org](http://www.cuinc.org) 618-465-0044

Off-site employment opportunities throughout the Metro area. Recruitment and intake services, job training, residential programs, supported employment and more.

## COMMUNITY ACTION AGENCY OF ST LOUIS COUNTY (CAASTL)

2709 Woodson Rd 63114

[www.caastlc.org](http://www.caastlc.org) 314-863-0015

Assists residents of St Louis County meet the terms of their probation and parole, including GED, money management, counseling, job readiness and placement.

## COMMUNITY COLLEGES

[www.stlcc.edu/workforce](http://www.stlcc.edu/workforce) 314-539-5722

Free accelerated training programs: CDL, Logistics, STEM Portal, Medical, more.

## COMPUTER VILLAGE

Union Memorial Enrichment Center  
5436 Bartmer Ave, St. Louis, MO 63112

[www.computervillage.org](http://www.computervillage.org) 314-533-1900

Learning Center that works in collaboration with other non-profits in several locations.

**COLLEGE BOUND****110 North Jefferson 63103****[www.collegeboundstl.org](http://www.collegeboundstl.org) 314-361-4441**

Provides middle and high school students and their families with early information and resources on how to plan, prepare, pay for and pursue a college education.

**CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS****2125 Bissell 63107 (In Grace Hill building)****[www.connectionstosuccess.org](http://www.connectionstosuccess.org) 314-584-6865**Provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. **Several other locations.****EMPLOYMENT CONNECTION****2838 Market Street 63103****[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)**

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. New programs for veterans now available.

**HARAMBEE YOUTH TRAINING****1142 Hodiamont Ave. 63112****[www.restorestlouis.org/](http://www.restorestlouis.org/) 314-726-2302**

Job training and skill development in construction trades with a concentration on tuckpointing. For ages 12 - 18. After school and summer programs available.

**HISET HIGH SCHOOL EQUIVALENCY TEST (GED)****[www.hiset.ets.org](http://www.hiset.ets.org) 855-MyHiSET 1-855-694-4738**

The website offers support throughout the process, lists testing sites, preparation and more. The test is only given on line so set up an account to start of the process.

**INDUSTRIAL AID****4417 Oleatha Ave. 63116****[www.industrialaid.com](http://www.industrialaid.com) 314-773-3200**

Extended employment sheltered workshop employing individuals with disabilities

**JOBS AND MORE STL: Focus on Ferguson****[www.jobsandmorestl.org](http://www.jobsandmorestl.org) 314-922-5059**

Interviewing, networking, application and resume writing, decision making, and conflict resolution. Workshops and classroom learning. Workforce training.

**JOBS.MO.GOV****[www.jobs.mo.gov](http://www.jobs.mo.gov)**

The workforce resource website for the State of Missouri. (Formerly Great Hires)

**JOB CORPS CENTER****4333 Goodfellow Blvd. 63120****[www.stlouis.jobcorps.gov](http://www.stlouis.jobcorps.gov) 314-679-6200**

No-cost education and career technical training program administered by the U.S. Department of Labor. Career technical and academic training for ages 16-24.

**LAUNCHCODE****4811 Delmar 63108****[www.launchcode.org](http://www.launchcode.org) 314-254-0107**

Learn coding and programming. Non-profit organization that provides (FREE) classes, mentoring, 'codergirl' for women, job placement in computer technology.

**MERS GOODWILL INDUSTRIES**

1727 Locust St. 63103

[www.mersgoodwill.org](http://www.mersgoodwill.org) 314-241-1133

Many job programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

**METROPOLITAN EDUCATION & TRAINING CENTER (METCENTER)**

6347 Plymouth Ave. 63133 314-746-0788 and 12721 W. Watson Rd. 63127

[www.metcenterstl.com](http://www.metcenterstl.com) 314-989-7570

Job training, placement, assessment, career development services and more.

**MISSION ST. LOUIS**

3108 N Grand Blvd 63107

[www.missionstl.org](http://www.missionstl.org) 314-534-1188

Works with at-risk men ages 22-35 through skills training, internships, more.

Includes stipend and bonus upon completion, if eligible.

**MOKAN, CCAC (Construction Contractors Assistance Center)**

4666 Natural Bridge 63115

[www.mokanccac.org](http://www.mokanccac.org) 314-454-WORK (9675)

Pre-apprentice programs, training services, business development, loans and more.

**MOWIT**

[www.mowit.org](http://www.mowit.org)

An organization for women in the construction trades or interested in training.

**NEAR SOUTHSIDE EMPLOYMENT COALITION**

2649 Pestalozzi St. 63118

[www.nsecworks.org](http://www.nsecworks.org) 314-865-4453

Training, computer and job placement services. skills Screening and job referrals.

**PARAQUAD**

5240 Oakland Ave. 63110

[www.paraquad.org](http://www.paraquad.org) 314-289-4200

Several employment programs for people with disabilities, including professional mentoring and Ticket to Work.

**PROJECT CONNECT CITY OF ST. LOUIS**

[www.stlouis-mo.gov/project-connect/](http://www.stlouis-mo.gov/project-connect/)

Website with information about the new National Geospatial-Intelligence Agency NGA development, including job opportunities.

**RANKEN TECHNICAL COLLEGE**

4431 Finney Ave. 63113

**WENTZVILLE LOCATION**

755 Parr Rd. Wentzville 63385

[www.ranken.edu](http://www.ranken.edu) Admissions: 314-286-4809

Construction, automotive, technology, architecture, more.

**REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)**

[www.row-stl.org](http://www.row-stl.org)

City Office: 1914 Olive 63103 314-588-8300

County Office: 2709 Woodson Rd. 63114 314-833-1273

Free supportive programs and services Now a Division of Family Forward.

3309 S. Kingshighway 63139 314-534-9350

**SLATE MISSOURI CAREER CENTER (SLATE MCC)**

[www.stlworks.com](http://www.stlworks.com)

Provides training and job placement services to the St. Louis City's adult workforce.

**ST. LOUIS CITY-SLATE CAREER CENTER**

1520 Market St. Room 3050 63103 314-589-8000

**ST. LOUIS COUNTY-NORTH OAKS CAREER CENTER**

26 North Oaks Plaza 63121 314-381-6700

**ST. LOUIS COUNTY - FLORISSANT CAREER CENTER**

4040 Seven Hills Dr., Suite 166 Florissant 63033 314-475-7900

**ARNOLD CAREER CENTER**

3675 West Outer Rd., Suite 102 Arnold 63010 636-287-8909

**ST. CHARLES CAREER CENTER**

212 Turner Blvd. St. Peters 63376 636-255-6060

**UNEMPLOYMENT INSURANCE BENEFITS**

[www.mo.gov/work/unemployment](http://www.mo.gov/work/unemployment) 314-340-4950

It is no longer an option to apply by phone but this number will provide information.

Applications are now submitted on line or visit a Missouri Job Center. Locations may

be found here: [www.jobs.mo.gov/career-centers](http://www.jobs.mo.gov/career-centers) 1-866-506-0251

And here is a website to apply: [www.uinteract.labor.mo.gov/benefits/home.do](http://www.uinteract.labor.mo.gov/benefits/home.do)

**THOMAS DUNN LEARNING CENTER**

3113 Gasconade Street 63118

[www.tdunn.org](http://www.tdunn.org) 314-353-3050

Community learning center. Computer and art labs, HiSet, a training kitchen and more.

**URBAN LEAGUE**

3701 Grandel Square 63108

[www.ulstl.org](http://www.ulstl.org) 314-615-3600

Job search assistance, career counseling, job readiness training, job referrals, more.

St. Louis City Division, several more locations

935 N. Vandeventer 63108 314-615-3600 Ext. 684

**VOCATIONAL REHABILITATION**

220 S Jefferson St., Room 110 63103

[dese.mo.gov/adult-learning-rehabilitation-services](http://dese.mo.gov/adult-learning-rehabilitation-services) 314-877-2940

In addition to this downtown location, there are many more. Wide range of job training, educational and employment services.

**[www.careeronestop.org](http://www.careeronestop.org)**

Information on training and jobs. Sponsored by the U.S. Department of Labor.

**WOMEN IN CHARGE**

1483 82nd Blvd. University City 63132

[www.womenincharge.org](http://www.womenincharge.org) 314-432-7300

Many programs, including HiSet classes (formerly GED), mentoring, counseling,

**THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)**

St. Louis Community College's Corporate College

3221 McKelvey Road Bridgeton 63044

[www.stlcc.edu/workforce-solutions](http://www.stlcc.edu/workforce-solutions) 314-539-5302

Develops industry-specific training in partnership with the college's campuses.

**YOUTHBUILD ST. LOUIS Operation Excel YouthBuild**

93 North Oaks Plaza 63121

[www.youthbuild.org](http://www.youthbuild.org) 314-261-0202

Alternative education, construction training, employment, and leadership. 18-24.

# FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or and any Division of Family Services office in the City or County of St. Louis. For information about the Food Stamp program (SNAP) and free application screening, visit: [www.dss.mo.gov/fsd/fstamp](http://www.dss.mo.gov/fsd/fstamp).

## EMERGENCY FOOD STAMPS/SNAP PROGRAM

[www.dss.mo.gov/fsd/fstamp](http://www.dss.mo.gov/fsd/fstamp). Info Line: 855-373-4636 Ext. 2  
EBT Customer Service Line: 800-997-7777  
3101 Chouteau 63103 314-256-7000  
4411 N Newstead Ave., 3rd Floor 63115 314-877-2000  
Income Maintenance: 314-877-2400

## HUNGER HOTLINE

**Operation Food Search 314-726-5355 EXT. 3**

**Automated list of food pantries by zip code.**

**You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area.**

**For Parish Church Pantry Locations call United Way 2-1-1.**

## MEALS ON WHEELS

[www.mowstl.org](http://www.mowstl.org) 314-374-9549

Must be over 60 or disabled. All volunteer program. County locations.

**ST. LOUIS AGENCY ON AGING – City Programs**  
314-612-5918

## WIC (Women Infant and Child)

[www.wicprograms.org](http://www.wicprograms.org)

Locations and other information. Many locations Most clinics provide WIC—a supplemental nutrition program for women, infants and children. Other services.

## PEOPLE'S HEALTH CENTERS [www.pcacstl.org](http://www.pcacstl.org)

Health care, social services All ages. Emergency food at every location as well as opportunities for clothing and free computer lab services for clients.

4055 Lindell Blvd. 63108 314-535-7701

5868 West Florissant 63120 314-383-7771

1401 LaSalle Street 63104 314-241-8319

4236 Lindell, Suite 300 63108 314 862-6270

6827 Broadway 63111 314-353-1457

5701 Delmar Blvd. 63112 314-367-7848

## EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code. Times can change so, if possible, call first.

63101

### SHAMROCK CLUB AT ST. PATRICK CENTER

800 N. Tucker 314-802-0700

Lunch: 7 days a week 12:00pm-12:30pm

### CHRIST CHURCH CATHEDRAL

1210 Locust St. 314-231-3454

Breakfast every Saturday 7:30am-8:30am. The church is open every day.

63104 and 63118

**CHAPEL FOR THE EXCEPTIONAL**

3436 Winnebago (at Tennessee) 63118

314-776-7172

Lunch/soup kitchen: Monday-Friday 12:00pm-12:30pm.

Food pantry: Monday and Thursday when available 12:30pm-1:00pm.

Call first if possible. Clothing every day. Furniture when available at no cost.

**CITY HARVEST MARKET (Formerly Kingdom House)**

1321 S. 11th St. 63104

[www.lifewisestl.org](http://www.lifewisestl.org) 314-421-0400

Discounted fresh and healthy food. Open to the community on Wednesdays from 9am - 12pm and Thursdays from 10am - 12pm and 4 - 7pm. Cash or SNAP.

**FOCUS GATEWAY CITY**

1901 Ann Avenue

[www.focusgatewaycity.com](http://www.focusgatewaycity.com) 314-776-4205

Food Pantry and clothing/housewares closet are open the 2nd and 4th Wednesdays of the month from 9:00am-11:00am.

**GUARDIAN ANGEL SETTLEMENT ASSOCIATION**

Social Services and Food Pantry

3300 S. Jefferson 63118

[www.gasastl.org](http://www.gasastl.org) 314-773-9027

Zip codes 63104 and 63118 only. Open M-F, 8:30am to 4:30pm but an appointment is needed. Rental, utility, and food assistance; senior services, more. Call first.

**ISAIAH 58 MINISTRIES**

2149 South Grand 63104 314-776-1410

Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway. Pantry is open Tuesday, Wednesday, Thursday 10:00am-1:00pm.

**SOUP ALLEY/TRINITY LUTHERAN CHURCH**

812 Souldard Ave. 63104 314-231-4092

Monday-Friday 9:00am-10:30pm and Saturday 10:00am -11:00am. In the Alley. Bags of groceries are available on Fridays 9:00am -10:30am.

**SAINTS PETER AND PAUL CATHOLIC CHURCH**

816 Allen St. 63104

[www.ppcsinc.org](http://www.ppcsinc.org) 314-231-9923

Lunch: 2nd-21st of each month on Saturday and Sunday, Noon-12:45pm. Dinner: 2nd -21st of each month. Monday-Friday 5:00pm-5:45pm.

**ST. VINCENT DE PAUL CATHOLIC CHURCH**

1408 S. 10th Street 63104 314-231-9328

Lunch: Monday-Saturday 11:00am-1:00pm. Coffee and sandwiches: Sundays 10:15am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00pm-6:00pm.

63106

**GATEWAY 180**

1000 North 19th St.

[www.gateway180.org](http://www.gateway180.org) 314-314-489-9689

Brown bag lunches seven days a week, 8:00am - 4:00pm.

**KAREN HOUSE**

1840 Hogan

[www.karenhousecw.org](http://www.karenhousecw.org) 314-489-9689

No longer provides hot meals. Sandwiches 3:00pm-5:00pm daily except Mondays.



**PEOPLE'S CENTER**  
2012 Martin Luther King Dr.  
[www.pcacstl.org](http://www.pcacstl.org) 314-269-5210 Main  
Call for food pantry hours, other services and **more locations**

**ST. JOHN'S COMMUNITY SERVICE MINISTRY**  
2240 St. Louis Ave.  
314-533-8668  
Monday and Friday 8:30am-10:30am. Clothing and food pantry..

63108  
**PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST**  
826 N. Union  
314-367-8173  
Lunch: Wednesday 12:00pm-1:00pm. Food Pantry every first and third Wednesday  
10:00am-11:30pm. Call to check times.

**TRINITY EPISCOPAL CHURCH**  
600 North Euclid Ave. 314-361-4655  
Hot meal every Sunday 2:00pm. Food pantry every Tues.-Thurs. 1:30pm-3:00pm.

63111  
**HAVEN STREET**  
6701 Virginia  
[www.theconnectionstlouis.com/haven-street](http://www.theconnectionstlouis.com/haven-street) 314-256-0545  
Sundays at Noon (Doors open at 11:00) Mondays at 6:00pm (Doors open at 5:00)

**PEOPLE'S CENTER SOUTH CITY**  
6827 S. Broadway  
[www.pcacstl.org](http://www.pcacstl.org) 314-353-1457  
Emergency food. Call first.

**ST. TRINITY LUTHERAN CHURCH**  
517 Koeln Ave.  
314-353-3276  
Food pantry Monday, Wednesday, Saturday 9:00am-11:00am.

63112  
**GRACE AND PEACE FELLOWSHIP**  
622 Clara Ave. at Delmar  
[www.graceandpeacefellowship.org](http://www.graceandpeacefellowship.org) 314-367-8959  
First and third Wednesdays  
Bible study and lunch 12:30 -1:30 Food pantry distribution 1:30 to 2:30.  
Second Wednesday 6 to 7pm Fourth Saturday 11 to noon

**ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)**  
1371 Hamilton Ave.  
[www.fatherbobsoutreach.com](http://www.fatherbobsoutreach.com) 314-385-1934  
Food pantry and clothing: Monday-Friday 9:30am-11:00am. Utility assistance starts  
6:00am. Dinner: last five working days of the month 4:00pm-5:00pm.

63113  
**WEST SIDE MISSIONARY BAPTIST CHURCH**  
4675 Page Boulevard  
314-535-9002  
Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm. Food pantry: Tuesday,  
Wednesday, Thursday 11:00am-1:00 pm.

**63115**  
**ALL SAINTS EPISCOPAL CHURCH**  
5010 Terry Ave. 314-367-2314  
Call the church for information on meals, food, and other assistance.

**KOSSUTH CHURCH OF GOD IN CHRIST**  
3225 North Taylor Ave. 63115 314-652-4163  
Food Pantry Thursday 8:30am-10:00am.

**ST. LOUIS DREAM CENTER**  
4324 Margaretta Ave.  
[www.stldreamcenter.org](http://www.stldreamcenter.org) 314-381-0700  
Food pantry. Call for times.

**63118**  
**ST. ANTHONY of PADUA CHURCH**  
3140 Meramec St. 314-352-1460  
Monday and Thursday 10:00am-Noon, and Wednesday 4:30pm-6:00pm. Call for other activities, such as utility, legal, medical information.

**63119**  
**WEBSTER-ROCK HILL MINISTRIES**  
111 Waymire Ave. 314-961-5082  
Monday-Friday 8:30am-11:30am.

**63120 and several more zip codes**  
**PEOPLE'S NORTH CITY AND WELLSTON FOOD PANTRY (PCAC)**  
5868 West Florissant (at Riverview) 314-862-6270  
Church Phone: 314-383-7771 [www.pcacstl.org](http://www.pcacstl.org)  
Open Monday, Wednesday and Thursday from 9:00am -2:00pm. More locations.

**63123 -- South County**  
**SALVATION ARMY GATEWAY CITADEL**  
824 Union Rd  
[www.usc.salvationarmy.org](http://www.usc.salvationarmy.org). 314-631-1133  
Food Pantry Hrs Monday -Tuesday 10-1pm and Wed 3-5pm  
Serving zip codes 63123,63125,63126,63127,63128, 63129, and 63026

**63125**  
**FEED MY PEOPLE**  
171 Kingston Dr. 314-631-4900  
Monday-Friday 10:00am-3:00pm. Saturday 9:00am-1:00pm.

**63132**  
**HARVEY KORNBLUM JEWISH FOOD PANTRY**  
10601 Baur Blvd.  
[www.jfcs-stl.org](http://www.jfcs-stl.org) 314-993-1000  
Call and ask to be transferred to the food pantry for hours.

**ST. AUGUSTINE'S WELSTON CENTER**  
1705 Kienlen 63133  
[www.wellstoncenter.org](http://www.wellstoncenter.org) 314-382-7158  
Food Pantry Tuesday and Wednesday 7:30am to 10:30am

**63135**  
**PAKT Community Resource Center**  
500 Airport Rd. Ferguson [www.paktcenter.org](http://www.paktcenter.org) 314-524-2710  
Rent and utility assistance, food pantry, clothing, more for North County residents.

**ST. STEPHEN'S FOOD PANTRY**  
33 N Clay Ave. Ferguson 63135  
314-521-0138

Open Tuesday and Saturday 10 – noon. Located off the parking lot by the ramp.

**63136**  
**PROJECT DOWNTOWN SAINT LOUIS West Florissant Masjid**  
6809 W Florissant Ave.  
[www.pdstl.org](http://www.pdstl.org)

Every Saturday. Full meals and pantry. Set up at 10. Serving starts at 11:30am

**63138**  
**HELPING HANDS FOOD PANTRY St. Peter's Lutheran Church**  
1120 Trampe Ave. Spanish Lake 314-741-5667  
1st, 2nd, 3rd and 4th Thursdays each month:  
9:00 a.m.: Open 10:00 a.m.: Pass out food . 1:00 p.m..

**URBAN LEAGUE ST. LOUIS COUNTY**  
8960 Jennings Station Rd.  
314-388-9840  
Tuesday-Thursday 9:00am-12:00pm and 2:00on-4:00pm.

**63147, 63136, 63137, 63138**  
**GRACE NEW COVENANT FOOD PANTRY**  
1060 Chambers RD. Bellefontaine, MO. 63147  
[www.gracenewcovenantchurch.org](http://www.gracenewcovenantchurch.org) 314-867-2782  
Food and non-food items.  
3rd & 4th Saturdays 9-11:30 am, Wednesdays 10:30-12:30 pm.

**63031**  
**TEAM FOOD PANTRY**  
265 St. Catherine Florissant  
[www.teamfoodpantry.com/wp/food-pantry](http://www.teamfoodpantry.com/wp/food-pantry) 314-831-0879  
Food and non-food items to needy families in the Florissant/Hazelwood areas on a once a month basis. Call for times and appointment.

**63043**  
**LOAVES AND FISHES**  
2750 McKelvey Rd. Maryland Heights  
[www.loavesandfishes-stl.org](http://www.loavesandfishes-stl.org) 314-291-3857  
Registration required. Call for times and requirements.

**63049**  
**FEED MY PEOPLE**  
3295 Ottomeyer Rd. 636-677-9885  
High Ridge  
Tuesday, Wednesday, Friday 10:00am-2:30pm. Thursday 10:00am-1:00pm and Saturday 9:30am-12:30pm.

**63088**  
**CIRCLE OF CONCERN**  
112 St. Louis Ave. Valley Park  
[www.circleofconcern.org](http://www.circleofconcern.org) 636-861-2623  
Parkway, Rockwood and Valley Park School Districts in West County. Food pantry, meals and many other services

***Food Pantry hours often change. Call first if possible.***

# HOUSING: SHELTERS FOR MEN

A Housing Helpline referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 to start the process.

## **BIDDLE HOUSE OPPORTUNITIES CENTER**

1212 N 13th St. 63101.

314-802-0700 or 314-802-5444

Overnight shelter for men only. Daytime services and meals for residents only.

## **COVENANT HOUSE**

2727 North Kingshighway 63113

[www.covenanthousemo.org](http://www.covenanthousemo.org) 314-533-2241

*For Youth.* Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis interventio

## **PETER & PAUL COMMUNITY SERVICES**

2612 Wyoming St. 63118

[www.ppcsinc.org](http://www.ppcsinc.org) 314-588-7111

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management.

**The Peter and Paul shelter is located 816 Allen, but you need a referral from the Housing Helpline. Call 314-802-5444**

## **SALVATION ARMY ADULT REHAB CENTER**

3949 Forest Park Ave. 63108 314-678-5500

Residential treatment and work in addition to group and individual therapy.

## **SALVATION ARMY HARBOR LIGHT**

(No longer operating as a shelter.)

2900 Washington Blvd. 63103

314-652-3310

Short term detox/rehab center and drug and alcohol treatment programs.

## **STEPPING INTO THE LIGHT MINISTRY**

1402 Hebert St. 63107

[www.sitlm.org](http://www.sitlm.org) 314-231-5175

90-day residential faith-based treatment program for drug and alcohol abuse. Can be walk-in or referral. Call first if possible.

## **SUNSHINE MINISTRIES**

1315 Howard St. 63106

[www.sunshineministries.org](http://www.sunshineministries.org) 314-231-8209

Admission is on a first-come, first-served basis. Emergency and longer term.

## DOMESTIC VIOLENCE RESOURCES

National Hotline: 1-800-799-SAFE (7233) or (TTY) 1-800-787-3224  
SEXUAL ASSAULT HOTLINE 800-656-4673

**ALIVE** Alternatives to Living in Violent Environments  
St. Louis area [www.alivestl.org](http://www.alivestl.org) 314-993-2777  
Franklin County 636-583-5700 or 800-941-9144  
Counseling, emergency sanctuary, for adults and children.

**BRIDGEWAY**  
[www.bridgewaybh.com](http://www.bridgewaybh.com)  
St. Charles County - The Women's Center in St. Charles  
24-Hour Toll-Free Crisis Line: 877-946-6854  
Lincoln County - The Terry L. Robertson Center in Troy  
24-Hour Toll-Free Crisis Line: 877-462-1758

**HUMAN TRAFFICKING**  
National Human Trafficking Resource Center  
[www.traffickingresourcecenter.org](http://www.traffickingresourcecenter.org) 888-373-7888 Text BeFree (233733)

**(LAAW) Legal Advocates for Abused Women**  
Hotline: 314-652-3623 Legal Assistance: 800-527-1460 Comprehensive assistance to victims of domestic violence. Crime Victim Advocacy.

**SAFE AT HOME**  
[www.MoSafeAtHome.com](http://www.MoSafeAtHome.com) 866-509-1409  
Provides survivors with a substitute address for IDs, driver licenses, court documents, etc.

**SAFE CONNECTIONS**  
24-hour Crisis Helpline and main number 314-531-2003  
2165 Hampton Avenue 63139 [www.safeconnections.org](http://www.safeconnections.org)  
Free services for adults who have experienced domestic violence, assault and abuse.

**SEXUAL ASSAULT HOTLINE**  
800-656-(HOPE) 4673 RAINN: [www.rainn.org/](http://www.rainn.org/)  
Chat online with a trained staff member for confidential crisis support and more resources.

**ST. MARTHA'S HALL**  
PO Box 4950 63108 314-533-1313 (available 24/7)  
12 week stay, crisis intervention, support groups, advocacy, follow up.

**TURNING POINT**  
888-873-7233 [www.turningpointdvs.com](http://www.turningpointdvs.com)  
Emergency Shelter and Supportive Services for Warren, Montgomery, St. Charles, Franklin, and Gasconade Counties and surrounding counties in east central Missouri.

**VIOLENCE PREVENTION CENTER, SOUTHWESTERN ILLINOIS**  
P.O. Box 831 Belleville, IL 62222  
[www.vpcswi.org](http://www.vpcswi.org) 800-924-0096 OR 618-236-2531 ext. 140  
24 Hour Hotline 618-235-0892  
Crisis hotline, emergency shelter, individual and group counseling more.

**WOMEN'S SAFE HOUSE**  
[www.twsh.org](http://www.twsh.org) 314-772-4535 (24-hour crisis hotline)  
A shelter and services for battered women and their children.

**YWCA WOMEN'S RESOURCE CENTERS**  
3820 West Pine Blvd. 63108  
[www.ywcastl.org](http://www.ywcastl.org) 314-531-1115  
Domestic Violence/Sexual Assault Line: 314-645-4848 Crisis Line: 314-531-7273  
1770 Beltway Drive St. Louis, MO 63114 314-427-4940  
YWCA St. Charles Domestic Violence Support Center  
4116 McClay St. Charles, MO 63304 636-373-7911

# HOUSING: SHELTERS FOR WOMEN

## **ALIVE (Alternatives to Living in a Violent Environment)**

**PO Box 11201 63105**

**www.alivestl.org 314-993-7080 24-hour Crisis Hotline 314-993-2777**

Temporary emergency sanctuary and transportation to victims of domestic violence, 24 hours a day, 365 days a year. Counseling, interventions, advocacy.

## **ALMOST HOME**

**3200 St. Vincent 63104**

**www.almosthomestl.org 314-771-4663**

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

## **BRIDGEWAY BEHAVIORAL HEALTH**

**www.bridgewaybh.com**

Two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children. Many other services and more locations.

**St. Charles County: The Women's Center in St. Charles**

**24-Hour Toll-Free Crisis Line 877-946-6854**

**Lincoln County 24-Hour Toll-Free Crisis Line 877-462-1758**

## **GATEWAY 180: HOMELESSNESS REVERSED**

**1000 North 19th St. 63106**

**www.gateway180.org 314-231-1515**

Emergency shelter services and programs leading to transitional or permanent homes in under 30 days.

## **HAVEN OF GRACE**

**1225 Warren 63106**

**www.havenofgracestl.org 314-621-6507**

Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, and permanent residence.

## **KAREN HOUSE**

**1840 Hogan St. 63106**

**www.karenhousecw.org 314-489-9689**

A Catholic worker house of hospitality for homeless women and children. Based on availability. Call to see if they have openings. Closed Mondays.

## **KATHY WEINMAN CENTER**

**314-423-1117**

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. St. Louis County operates this shelter.

## **LOAVES AND FISHES SHELTER PROGRAM**

**750 McKelvey Rd, Maryland Heights, MO 63043**

**www.loavesandfishes-stl.org 314-291-3857**

Comprehensive program for families with children. Also, overflow shelter program and Bridge program that works with homeless veterans.

## **LYDIA'S HOUSE**

**www.lydiashouse.org 314-771-4411**

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children. They now have a program that allows residents to keep their pets.

**MISSIONARIES OF CHARITY**

3629 Cottage Ave. 63113  
314-533-2777 or 314-533-9070

Emergency shelter for women and small children.

**MISSOURI BAPTIST CHILDRENS HOME**

11300 St. Charles Rock Road Bridgeton 63044  
www.mbch.org 800-264-6224 or 314-739-6811

Residential program for pregnant women and girls. Family services.

**OUR LADY'S INN**

St. Louis: 4223 South Compton 63111 314-351-4590  
St. Charles: 3607 Highway D, Defiance 63341 636-398-5375  
www.ourladysinn.org

Emergency maternity shelter for pregnant women 18 and older and their minor children.

**QUEEN OF PEACE CATHEDRAL TOWER**

325 N. Newstead 63108  
www.qopcstl.org 314-531-0511

Supportive and permanent housing is provided at five locations and at scattered community sites. Part of the Shelter Care Plus program. Walk-In Clinic Hours For Women and Children: Monday – Friday, 9am – 3pm. CSTAR residential and outpatient treatment program.

**ROOM AT THE INN -- PROVIDENCE CENTER**

3415 Bridgeland Dr. 63044  
www.roomstl.org 314-209-9198

St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations.

**SALVATION ARMY FAMILY HAVEN**

10740 West Page Ave. 63132  
www.stlsalvationarmy.org 314-423-7770

Will take families, but no single men except during winter months under special county program. Emergency shelter and resources.

\*

**ST. MARTHA'S HALL**

www.saintmarthas.org 314-533-1313

Confidential shelter for female victims of domestic violence. Individual and group counseling, legal advocacy, information, referral, and follow up.

**ST. PATRICK PARTNERSHIP CENTER**

800 North Tucker 63101  
www.stpatrickcenter.org 314-802-0700

St. Patrick Center offers a limited number of beds for mentally ill women.

**ST. PHILLIPINE HOME**

1015 Goodfellow 63112  
www.qopcstl.org 314-454-1012

A long-term residential program for pregnant and postpartum women and children. For people who have gone through a program for drug rehab through Queen of Peace.

**WOMEN'S SAFE HOUSE**

www.twsh.org 314-772-4535 (24-hour crisis hotline)

A shelter for battered women and their children. Legal advocacy, housing referrals, support groups, children's programs, and limited transportation.

# HOUSING

## **3010 APARTMENTS**

**3010 Washington Ave. 63103**

**www.3010-apartments 314-833-4040**

58 one-bedroom apartments operated by Salvation Army. Rents range from \$425-\$500. Operating as low-income housing for residents with a source of income.

## **ALMOST HOME**

**3200 St. Vincent 63104**

**www.almosthomestl.org 314-771-4663**

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

## **BETTER FAMILY LIFE**

**5415 Page Blvd. 63112**

**www.betterfamilylife.org/housing-asset-development- 314-367-3440**

Assistance for first-time home buyers, foreclosure intervention and more.

## **BEYOND HOUSING**

### **MAIN OFFICE**

**6506 Wright Way Pine Lawn, MO 63121**

**www.BeyondHousing.org 314-533-0600**

Programs to prevent foreclosure, first-time home buyer programs and more. Supportive rental housing and senior citizen housing.

## **CALL FOR HELP, INC**

**9400 Lebanon Rd. East St. Louis, IL 62203**

**www.callforhelpinc.org 618-397-0968**

Intensive two-year transitional residential program helps homeless young women.

## **CARDINAL RITTER SENIOR SERVICES**

**cwww.cardinalritterseniorservices.org 314-961-8000**

Social service programs, affordable housing, independent living, assisted living, dementia care, nursing facilities. Check the website for locations, program, etc.

## **CENTER FOR WOMEN IN TRANSITION**

**7529 South Broadway 63111**

**www.cwitstl.org 314-771-5207**

The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. Two transitional housing facilities in South St. Louis.

## **COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)**

**2709 Woodson Rd. Overland 63114**

**www.caastlc.org 314-863-0015**

CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

## **COMMUNITY WOMEN AGAINST HARDSHIP**

**3963 West Belle Place 63112**

**www.cwah.org 314-289-7523**

Transitional housing location and many other family based programs.



**CRIMINAL JUSTICE MINISTRY**

1104 South Jefferson 63104  
[www.cjmstlouis.org](http://www.cjmstlouis.org) 314-652-8062

**Release to Rent for Veterans**

Scattered supportive housing for veterans who are homeless with a criminal record.

**CJM Release to Rent**

Up to a year of supportive housing for men completing long-term sentences.

**COOPER HOUSE (FORMERLY DOORWAYS)**

4385 Maryland Ave. 63108  
[www.doorwayshousing.org](http://www.doorwayshousing.org) 314.535.1919

Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

**FATHER DEMPSEY'S HOME**

3427 Washington Blvd. 63103  
[www.archstl.org/fatherdempseyscharities](http://www.archstl.org/fatherdempseyscharities) 314-535-7221

Partially furnished apartments from \$260 per month for older men. Some meals are provided. Call for availability.

**GATEWAY HOUSING FIRST**

1425 S. 18th St. 63104  
[www.gatewayhousingfirst.org](http://www.gatewayhousingfirst.org) 314-771-5335

Develops properties for hard to house individuals and families. Provides housing placement services, emergency assistance and limited case management to households needing Permanent Supportive Housing. Several locations.

**HABITAT FOR HUMANITY**

3830 South Grand Blvd . 63118  
[www.habitatstl.org](http://www.habitatstl.org) 314-371-0400

First-time homebuyer's program that helps qualified families build their own home from the ground up, through a combination of volunteer and sweat equity labor.

**HARRIS HOUSE**

8327 S. Broadway 63111  
[www.harrishouse.org](http://www.harrishouse.org) 314-631-4299

Alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year.

**HAVEN RECOVERY HOMES**

[www.havenrecoveryhomes.com](http://www.havenrecoveryhomes.com) 314-930-9384

Furnished houses with live-in housing managers, support meetings and resource assistance for treatment and employment connections in supportive alcohol-and drug-free environment.

**HILLJACK HOUSE**

[www.hilljackhouse.org](http://www.hilljackhouse.org) 314-255-3964

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions.

**HOMELESS VETERANS PROGRAMS**

515 N Jefferson Ave. 63103  
[www.va.gov/homeless](http://www.va.gov/homeless) 314-652-4100 Ext. 55460

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information.

**HOPE HOUSE****1611 Hodiarnont Ave. 63112****www.hopehousestl.org 314-382-3801**

Transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, more.

**HUMANITRI****1447 East Grand Ave. 63107****www.humanitri.org 314-772-7720**

Scattered site transitional and permanent housing and assistance in finding housing.

**JUSTINE PETERSEN****1023 North Grand Blvd. 63106****929 North 15th St. East St. Louis, IL 62205****www.justinepetersen.org 314-533-2411**

Homeowner and small business loans, credit counseling, first time homebuyer options and more.

**MARYGROVE****2705 Mullanphy Lane Florissant 63031****www.marygrovechildren.org 314-830-6201**

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, etc.

**MOVE: MISSOURI VETERANS ENDEAVOR****8410 Engler Park Ct. St. John 63114****www.move-stl.org 314-778-9497**

Provides long-term supportive housing and services to veterans, family members.

**OXFORD HOUSE****2715 Osage St. 63118****www.oxfordhouse.org 14-772-6771**

National, self run, self supported, addiction recovery houses. There are additional locations throughout the area.

**PETER & PAUL COMMUNITY SERVICE****2612 Wyoming St. 63118****www.ppcsinc.org 314-588-7111 or 314-621-5520**

Shelter and transitional housing for men. Two locations.

**QUEEN OF PEACE CATHEDRAL TOWER****325 N. Newstead 63108****www.qopcstl.org 314-531-0511**

Supportive and permanent housing is provided at five locations and at scattered community sites. Part of the Shelter Care Plus program. Walk-In Clinic Hours For Women and Children: . CSTAR residential and outpatient treatment program.

**RECOVERY HOUSE****www.recoverystl.com 314-884-0747**

Transitional living and supportive housing for men in recovery from alcohol and drugs. Visit website for requirements and rental fees. Several locations.

**RAINBOW VILLAGE****1240 Dautel Ln. 63146****www.rbvstl.org 314-567-1522**

Neighborhood homes for people with developmental disabilities.

**ROSATI APARTMENTS AND GROUP HOME****4220-24 North Grand 63107****www.stpatrickcenter.org 314-371-0586 or 314-802-0700**

Supportive services and housing for clients referred by the St. Louis Psychiatric Rehabilitation Center. Operated through St. Patrick Center.

**SALVATION ARMY ADULT REHAB CENTER****3949 Forest Park Ave. 63108****314-678-5500**

Provides residential treatment and work in addition to group and individual therapy.

**SALVATION ARMY FAMILY HAVEN****10740 West Page Ave. 63132 314-423-7770**

A transitional housing resource for women and children with various programs focused on family stability.

**STEPPING INTO THE LIGHT MINISTRY****1402 Hebert 63107****www.sitlm.org/ 314-231-5175**

90-day residential treatment program for drug and alcohol abuse. Can be walk-in or referral. Call first if possible.

**ST. LOUIS COMMUNITY RE-ENTRY PROGRAM****1809 S.8th Street 63104****314-951-4048**

Rooms for rent for men in transition. Substance abuse meetings, job training.

**ST. LOUIS CITY AND COUNTY HOUSING AUTHORITY AND  
EAST ST. LOUIS HOUSING AUTHORITY****St. Louis City: 3520 Page Blvd. 63106****www.slha.org 314-531-4770****Section 8 Waiting List: 314-286-4361****St. Louis County Housing Authority:****8865 Natural Bridge Rd 63121****www.haslc.com 314-428-3200****East St. Louis Housing Authority****700 N 20th St, East St Louis, IL 62205****www.eslha.org 618-215-6759****SUNSHINE MISSION****1520 N. 13th St. 63106****www.sunshineministries.org 314-231-8209**

Offers a men's emergency shelter, men's long term rehabilitation program.

**WOMEN'S SAFE HOUSE****PO Box 63010 63163****www.twsh.org 24 Hour Crisis Hotline 314-772-4535**

Multi-service shelter for battered women and their children.

**YWCA-PHYLLIS WHEATLEY****2711 Locust 63103 314-533-9400 Ext. 227**

Apartments for single women for up to two years. Personal and career development services. Case management services, GED certification, job readiness training.

**www.ahl.mhdc.com** Lists subsidized or affordable apartments by zip code:

# IMMIGRANT SERVICES

## AMERICAN RED CROSS - ST. LOUIS CHAPTER

10195 Corporate Square Dr. 63132  
[www.redcrossstl.org](http://www.redcrossstl.org) 314-516-2843

International Services provides tracing and messaging.

## BI-LINGUAL INTERNATIONAL ASSISTANCE SERVICES

1329 Macklind Ave., Suite 200 63110  
[www.bilingualstl.org](http://www.bilingualstl.org) 314-645-7800

Provides mental health and social services to the elderly and disabled foreign born.

## CG IMMIGRATION LAW, LLC

2316 Cherokee St. 63118  
[www.cgimmigrationlaw.info](http://www.cgimmigrationlaw.info) 314-514-4248

Variety of services from green cards, work permits, family visas, DACA, more.

## CASA DE SALUD

3200 Chouteau Ave. 63103  
[www.casadesaludstl.org](http://www.casadesaludstl.org) 314-762-1251

Comprehensive medical services and referral services, primarily for adults.

## CATHOLIC LEGAL IMMIGRATION NETWORK, INC.

[www.cliniclegal.org](http://www.cliniclegal.org) for text assistance in many languages.

## CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)

100 N. Tucker Blvd., Suite 726 63101 (No Walk-Ins, call for appointment)  
[www.sfcstl.org/locations/clam/](http://www.sfcstl.org/locations/clam/) 314-977-3993

## CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA

has joined Bilingual Assistance Services

1329 Macklind Ave., Suite 200 63110 [www.bilingualstl.org](http://www.bilingualstl.org) 314-645-7800

Counseling and therapy, extensive youth program, asylum documentation, etc.

## ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)

1530 S. Grand Blvd. 63104  
[www.slps.org](http://www.slps.org) 314-664-1066

Bi-lingual Program-St. Louis Public Schools. Many locations and school sites.

## HISPANIC CHAMBER OF COMMERCE

3611 South Grand Blvd., Suite 105 63118  
[www.hccstl.com](http://www.hccstl.com) 314-664-4432

Promotes and supports Hispanic small businesses through programs & services.

## IMMIGRANT & REFUGEE WOMEN'S PROGRAM

5021 Adkins Ave., Rooms 114 & 214, 63116  
[www.irwpstl.org](http://www.irwpstl.org) 314-771-1104

Teaches women basic English and practical living skills in their own homes.

## IMMIGRANT COMMUNITY ACTION PROJECT (M.I.C.A. PROJECT)

1600 S. Kingshighway Blvd. Suite 2N 63110  
[www.mica-project.org](http://www.mica-project.org) 314-995-6995 Toll Free: 855-995-6995

Sliding scale fees for individual legal services for removal defense, family-based immigration, asylum, adjustment of status and more.

## INTERNATIONAL INSTITUTE

3401 Arsenal St. 63118 [www.iistl.org](http://www.iistl.org) 314-773-9090

This organization offers many services for new arrivals to the St. Louis area

**LIFEWISE STL**

(Formerly Kingdom House)

1321 S. 11th St. 63104

[www.lifewisestl.org](http://www.lifewisestl.org) 314-421-0400

Many programs and classes offered in English and Spanish, including Financial Stability, English, Maternal Mental Health, Health & Wellness.

**LANGUAGE ACCESS METRO PROJECT (LAMP)**

8050 Watson Rd., Suite 340 63119

[www.lampinterpreters.org](http://www.lampinterpreters.org) 314-842-0062 866-948-7133

Translation services. Specialists in medical interpreting.

**LEGAL AID/ Legal Services of Eastern Missouri**

4232 Forest Park Ave. 63108

[www.lsem.org](http://www.lsem.org) 314-534-4200 or 800-444-0514

Immigration Law Project offers many resources and services.

**MISSOURI IMMIGRANT AND REFUGEE ADVOCATES (MIRA)**

2725 Clifton Ave. 63139

[www.mira-mo.org](http://www.mira-mo.org) 314-669-1288

Organizes and advocates for the basic rights of immigrants and refugees.

**NAHED CHAPMAN NEW AMERICAN ACADEMY(NCNA)**

1616 S. Grand Blvd. 63104

[www.slps.org/NCNA](http://www.slps.org/NCNA) 314-776-1066 or 314-776-3285

Accelerated English training, and more through the St. Louis Public Schools.

**NEW AMERICAN ALLIANCE**

3401 Arsenal St. 63118 (International Institute)

[www.newamericanalliance.org](http://www.newamericanalliance.org) 314-655-0889

Connects foreign-born individuals to services in the St. Louis area. Website provides links to many resources, including legal and immigration services.

**OASIS INTERNATIONAL**

5035 Gravois Ave. 63116

[www.oasis4refugees.org](http://www.oasis4refugees.org) 314-353-3800

English classes, clothing, furniture, more for primarily refugee families.

**REFUGEE CENTER ONLINE (RCO)**

[www.therefugeecenter.org](http://www.therefugeecenter.org)

Education and resources for refugees and immigrants. Offers online language and GED courses, resume and employment information, legal, and more..

**SAINT FRANCIS COMMUNITY SERVICES SOUTHSIDE CENTER**

4222 Delor St. 63116

[www.sfcstl.org](http://www.sfcstl.org) 314-773-6100

(Formerly Catholic Charities Community Services Southside Center). Case management, mental health counseling, and youth programming, legal services.

**(USCIS) US Citizenship and Immigration Service**

[www.uscis.gov](http://www.uscis.gov)

Service and Office Locator to check status, change of address, and much more.

**VITENDO 4 AFRICA (V4A)**

7220 N. Lindbergh Blvd., Suite 270 Hazelwood 63042

[www.vitendo4africa.org](http://www.vitendo4africa.org) 314-252-0488

Programs and support. Health and home ownership programs and more.

# LEGAL SERVICES

**AMERICAN CIVIL LIBERTIES UNION (ACLU)**  
906 Olive St. #1130 63101 [www.aclu-mo.org](http://www.aclu-mo.org) 314-652-3111

**ARCH CITY DEFENDERS Civil Rights Attorneys**  
440 N. 4th Street, Suite 390 63102  
[www.archcitydefenders.org](http://www.archcitydefenders.org) 855-724-2489 Local Number: 314-361-8834  
Free or low cost legal representation from minor criminal offenses, to landlord-tenant law, to family law issues. Call for information about their BAIL advocacy.

**BAIL PROJECT**  
[www.BailProject.org](http://www.BailProject.org)  
Assistance in paying bail through a national revolving fund. Below are local contacts.  
St. Louis City Referrals: 314-730-4993 County Referrals: 314-884-1310

**CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)**  
100 N. Tucker Blvd., Suite 726 63101 314-977-3993  
Mostly domestic issues, cases involving paternity, orders of protection, guardianship, and abuse. Also services for immigrant populations.

**CATHOLIC LEGAL IMMIGRATION NETWORK**  
[www.cliniclegal.org/](http://www.cliniclegal.org/)  
Immigration attorneys who specialize in advocacy, worker immigration law, more.

**CIRCUIT ATTORNEY'S OFFICES**  
St. Louis City: 314-622-4373  
St. Louis County: 314-615-4872  
St. Charles County: 636-949-7370  
Orders of protection, victims services.

**CREA: City of St. Louis Civil Rights Enforcement Agency.**  
1114 Market Street #626  
314-622-3301  
Monitors and investigates fair housing, equal employment and public accommodation complaints. Equal opportunity enforcement.

**CRIME VICTIMS ADVOCACY CENTER**  
539 North Grand Blvd., Suite 400 63103  
Hotline: 314-652-3623  
Legal Assistance: 800-527-1460  
Aid to Victims of Crime

**EHOC Metropolitan St. Louis Equal Housing and Opportunity Council**  
1027 S. Vandeventer Ave., 6th Floor 63110  
[www.ehocstl.org](http://www.ehocstl.org) 314-534-5800

**FATHERS SUPPORT CENTER**  
4411 N Newstead Ave. 63115 and more locations  
[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org) 314-333-4170s Legal services in the areas of child support payment modifications, legal visitation, child custody and more.

**FEDERAL BONDING PROGRAM**  
Department of Economic Development  
421 East Dunklin St., Po Box 1087 Jefferson City 65102  
573-526-8217  
Fidelity bonding insurance coverage to individuals with criminal histories and others.

**JAIL DIVERSION PROGRAM**  
St. Louis City 314-621-5848 Ext. 1023

**LAMDA LEGAL**

[www.lambdalegal.org](http://www.lambdalegal.org)

Legal organization working for the civil rights of LGBTQ and people with HIV/AIDS.

**LAWYER REFERRAL SERVICE**

[www.bamsl.org](http://www.bamsl.org) 314-621-6681

Bar Association referral service maintains a listing of attorneys who practice in the metropolitan St. Louis, Missouri-Illinois area.

**LEGAL AID (Legal Services of Eastern Missouri)**

4232 Forest Park 63108

[www.lsem.org](http://www.lsem.org) 314-534-4200 or 800-444-0514

Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services.

**LEGAL ADVOCATES FOR ABUSED WOMEN**

[www.laawstl.org](http://www.laawstl.org) 314-664-6699

Free legal representation at Adult and Child Order of Protection hearings for victims of abuse in seven counties. Many other legal services.

**LEGAL ASSISTANCE WEBSITES**

[www.courts.mo.gov](http://www.courts.mo.gov)

[www.stlc.in.missouri.org](http://www.stlc.in.missouri.org)

Attorney General's Office: [www.ago.mo.gov](http://www.ago.mo.gov)

Victims of Crime: [www.okbemad.org](http://www.okbemad.org)

Legal Services of Missouri: [www.lsmo.org](http://www.lsmo.org)

[www.legalmatch.com](http://www.legalmatch.com)

[www.missouri.freelegalanswers.org](http://www.missouri.freelegalanswers.org)

**MACARTHUR JUSTICE CENTER**

3115 South Grand Blvd. Suite 300 63118

[www.macarthurjustice.org/](http://www.macarthurjustice.org/) 314-254-8540

A civil rights law firms with a focus on jails and prisons, as well as court reform sentencing and parole practices, death penalty and policing.

**NEW COVENANT LEGAL SERVICES**

4236 Lindell Blvd, Suite 201 63108

[nwww.newcovenantlegalservices.org](http://nwww.newcovenantlegalservices.org) 314-726-6489

Provides legal services to individuals and groups, including refugees and immigrants on a sliding scale basis. Call for appointment and to provide information by phone.

**PUBLIC DEFENDER, CITY**

1114 Market St. 63101 314-340-7625

**PUBLIC DEFENDER, COUNTY**

100 S Central Ave. Clayton 63105 314-615-4778

**ST. LOUIS COUNTY FAMILY COURT PROJECT**

501 S. Brentwood Blvd. 63105 314-615-4502

**ST. FRANCIS COMMUNITY SERVICES Southside Center**

4222 Delor St. 63116 [www.sfcstl.org](http://www.sfcstl.org) 314-773-6100

Family law, immigration law, veterans advocacy, Housing Opportunity Project more.

**UPCOUNSEL [www.upcounsel.com](http://www.upcounsel.com)**

Provides cost-effective legal services for non-profits, businesses, entrepreneurs.

# LGBTQ

## **EPWORTH'S YOUTH DROP-IN CENTER/Street Outreach**

7520 Natural Bridge Rd. Normandy 63121

[www.epworth.org](http://www.epworth.org) Office-314-222-4877 Outreach-314-952-8689

24/7 Helpline 314-727-6294 800-899-KIDS (5437)

## **GROWING AMERICAN YOUTH**

Trinity Church 600 N. Euclid 63108 and other locations in the metro area.

[www.growingamericanyouth.org](http://www.growingamericanyouth.org) 314-669-5428 (LGBT)

A social support organization for youth. Evert Thursday night from 7-8:30pm

## **IT GETS BETTER PROJECT [www.itgetsbetter.org](http://www.itgetsbetter.org)**

## **LAMDA LEGAL**

[www.lambdalegal.org](http://www.lambdalegal.org)

National legal organization representing numerous issues in courts and advocacy.

## **GLBT National Youth Talk 800-246-7743 [www.glbthotline.org](http://www.glbthotline.org)**

## **METRO TRANS UMBRELLA GROUP (MTUG)**

438 N Skinker Blvd 63130 [www.stlmetrotrans.com](http://www.stlmetrotrans.com)

Resources, programs, events website lists testing sites, medical resources.

## **PRIDE ST. LOUIS**

3738 Chouteau 63110

314-317-0077 [www.pridestl.org](http://www.pridestl.org)

Resources, events, advocacy. Community center open Wed - Sunday noon-7pm

## **RUSTIN'S PLACE DROP-IN CENTER**

1114 North Sarah St. 63113

[www.rustinsplace.org](http://www.rustinsplace.org) 314-553-9506

A program of Williams and Associates. Safe haven, free wi-fi, std/sti testing, social activities, health education. PREP available, free pregnancy testing.

## **SAFE ZONE UMSL TRAINING PROGRAM**

[www.umsf.edu/~safezone/resources.html](http://www.umsf.edu/~safezone/resources.html)

Extensive list of resources, organizations, trainings and more at website.

## **ST. LOUIS GENDER FOUNDATION: LGBT COMMUNITY RESOURCES**

[www.stlouisgenderfoundation.org](http://www.stlouisgenderfoundation.org)

## **ST. LOUIS QUEER+SUPPORT HELPLINE**

[www.thesqsh.org](http://www.thesqsh.org) 314-380-7774 Toll-Free: 844-785-7774

Emotional support, resources, and referrals for the St. Louis LGBTQIA+ community.

## **THE SPOT (for ages 13-24)**

4169 Laclede 63108 [www.thespot.wustl.edu](http://www.thespot.wustl.edu) 314-535-0413

A drop-in center open M-F afternoons. Computers, laundry, showers, pregnancy testing and contraception, STD/HIV testing.

## **THE TREVOR PROJECT**

866-488-7386 (24/7) [www.thetrevorproject.org](http://www.thetrevorproject.org)

Crisis intervention and suicide prevention. Ages 13-24. Trained counselors 24/7

## **YOUTH IN NEED**

[www.youthinneed.org](http://www.youthinneed.org) 636-946-5600 Crisis Hotline: 636-946-3771



## MEAL PROVIDERS

Below is a list of places that serve MEALS AND SANDWICHES. It's not complete, and programs change. See page 15 for pantries. Area code 314 on all numbers.

63101

**ST PATRICK CENTER-Shamrock**  
800 N. Tucker 802-0700  
Lunch 7 days a week 12:00pm-12:30pm

63103

**CENTRAL BAPTIST CHURCH**  
2843 Washington Ave.  
Lunch Tuesdays, 12:00 noon.

**CHRIST CHURCH CATHEDRAL**  
1210 Locust 231-3454

Breakfast: Saturday 7:30am-8:30am.

63104

**FOCUS GATEWAY CITY**  
1901 Ann Ave. 776-4205  
Supper is 4:30-5:30 every Sunday that falls on the 2nd through the 21st of every month.

**PETER AND PAUL SERVICES**

816 Allen Ave. 231-9923  
Lunch Monday-Friday: 2nd-21st of each month. Saturday and Sunday 12:00pm-12:45pm. Dinner Monday-Friday: 2nd-21st 5:00pm-5:45pm.

**ST. VINCENT CHURCH**

1408 S 10th St. (Soulard) 231-9328  
Enter 9th Street side.  
Lunch: Monday-Saturday 11:00am-1:00pm. Coffee, sandwiches: Sunday 10:15am-11:00am. Dinner: 22nd to 1st of the month, 5:00pm-6:00 pm.

**SOUP ALLEY/TRINITY CHURCH**

812 Soulard Ave. 231-4092  
Monday-Friday 9:00am-10:30am.  
Saturday 10:00am-11:am.

63106

**CHURCHES ON THE STREETS**  
618-251-0039 1333 North 6th Street, Vess Lot, Dinner, supplies & church every Monday 6:00 pm. On Thursdays 6:00 pm, they drive the streets looking for those most in need, providing a meal and necessities.

**GATEWAY 180**

1000 N. 19th St. 231-1515  
Brown bag lunches all day every day.

**KAREN HOUSE**

1840 Hogan St. 489-9689  
Karen House no longer provides hot meals. Sandwiches from 3:00 pm-5:00 pm daily, except for Mondays when closed..

63108

**PILGRIM CONGREGATIONAL**  
826 N. Union Blvd. 367-8173  
Lunch: Wednesday 12:00pm-1:00pm.

**TRINITY EPISCOPAL CHURCH**

600 North Euclid Ave. 63108  
314-361-4655 (message only)  
Hot meal every Sunday 2:00 pm.

63112

**UNION MEMORIAL CHURCH**  
1141 Belt Ave. 367-8314  
Lunch: Monday-Friday 12:00pm-12:30pm.  
Breakfast: Sunday 9:00am-10:30am.

63113

**WEST SIDE MB CHURCH**  
4675 Page Blvd. 535-9002  
Dinner: Monday, Wednesday, Friday 5:30pm-6:30pm

**MISSIONARIES OF CHARITY**

2500 Spring Ave. 533-9070  
Every day except Thursday 10 - 11am.

63115

**ST. LOUIS DREAM CENTER**  
4324 Margaretta Ave. 381-0700  
Call for times.

**ST. JOHN'S CHURCH**

3672 Arsenal St. 772-3970  
Dinner every Saturday 4:00pm-6:00pm.

63118

**CHAPEL FOR THE EXCEPTIONAL**  
3436 Winnebago St. 776-7172  
Lunch/soup kitchen: Monday-Friday 12:00pm-12:30p 63136

**PROJECT DOWNTOWN STL**

6809 W Florissant Ave. . 63136 [www.pdstl.org](http://www.pdstl.org) 314-556-0938  
Every Saturday. Preparation is at 10am. Serving starts at 11:30am. Clothing, groceries, and school supplies.

# MEDICAL

## **AFFINIA HEALTH CARE**

[www.affiniahealthcare.org](http://www.affiniahealthcare.org)

314-814-8700 for appointment 314-898-1700 for information

Many locations throughout the area. Sliding fee scale to uninsured patients.

## **AFFORDABLE CARE ACT (Obamacare)**

[www.HealthCare.gov](http://www.HealthCare.gov) and [www.EnrollMissouri.org](http://www.EnrollMissouri.org) 800-318-2596

INFORMATION LINE: 1-855-373-9994

## **BEHAVIORAL HEALTH RESPONSE (BHR)**

[www.bhrstl.org](http://www.bhrstl.org)

24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

## **CALL FOR HELP, INC**

9400 Lebanon Rd. East St. Louis, IL 62203

[www.callforhelpinc.org](http://www.callforhelpinc.org) 618-397-0968

Comprehensive intervention services for homelessness, sexual assault, poverty.

## **CASA de SALUD**

3200 Chouteau 63103

[www.casadesaludstl.org](http://www.casadesaludstl.org) 314-977-1250

Low cost health clinic for uninsured patients, providing on site health care.

## **CHIPS Health and Wellness Center**

2431 N. Grand Blvd. 63106

[www.chipsstlouis.org](http://www.chipsstlouis.org) 314-652-9231 Ext. 10 for appointment

Sliding scale or no fee for wide range of clinic services and programs.

## **COMMUNICABLE DISEASES/STD DEPARTMENT OF HEALTH**

1520 Market St., Suite 4027 63103 314-872-1431

HIV/AIDS Care, Education, Planning, TB Control, Surveillance, and Intervention.

## **CONTRACEPTIVE CHOICE CENTER**

4533 Clayton Ave. 63110 Entrance at back of building

[c3.wustl.edu](http://c3.wustl.edu) 314-747-0800

A full-service women's health clinic and testing. Same day appointments available.

## **COVER MISSOURI**

Missouri Health Insurance Marketplace

[www.covermissouri.org](http://www.covermissouri.org) 800-318-2596

## **FAMILY CARE HEALTH CENTERS**

Carondelet: 401 Holly Hills Avenue 63111 314-353-5190

Forest Park Southeast: 4352 Manchester Avenue 63110 314-531-5444

[www.familycarehealthcenters.org](http://www.familycarehealthcenters.org)

Affordable and accessible primary care and dental care. Sliding scale.

## **HOPE CLINIC FOR WOMEN**

1602 21st Street, Granite City, IL 62040

Emergency/After Hours: 618-346-3040 [www.hopeclinic.com](http://www.hopeclinic.com) 618-451-5722

Abortion care. Also, pill 6-10 weeks, pregnancy testing, std testing.

## **PLANNED PARENTHOOD**

4251 Forest Park Ave. 63108

[www.plannedparenthood.org](http://www.plannedparenthood.org) 314-531-7526

Main location. 800-230-PLAN (7526). Many health services and testing.

**SLU HEALTH RESOURCE CENTER, PRIMARY CARE CLINIC**  
1408 N Kingshighway Blvd., Suite 213 63113  
[www.medschool.slu.edu/hrc](http://www.medschool.slu.edu/hrc) 314-389-0008  
Saturday 9:00am-12:00pm. Sign-ups start at 8:00am. Free clinics/SLU doctors.

**SOUTHERN ILLINOIS HEALTHCARE FOUNDATION**  
[www.sihf.org](http://www.sihf.org) 618-332-0694  
A community-based network that serves populations throughout in Southern Illinois.

**ST. LOUIS EFFORT FOR AIDS --EFA**  
2653 Locust Street . 63103 . \*New address\*  
[www.stlefa.org](http://www.stlefa.org) 314-645-6451  
Provides education on prevention of HIV infection and comprehensive support services to those affected by HIV/AIDS. *Testing and STD treatment.*

**THE ST. LOUIS INTEGRATED HEALTH NETWORK** 1520 Market St.,  
Suite 4034 63103 [www.stlouisihn.org](http://www.stlouisihn.org) 314-657-1566

A network of community health centers. Services include primary care, dental, eye care, more.

**BETTY JEAN KERR PEOPLE'S HEALTH CENTERS**  
[www.phcenters.org](http://www.phcenters.org)  
Central: 5701 Delmar Blvd. 63112 314-367-7848  
North: 11642 W. Florissant Ave. Florissant 63033 314-838-8220  
West: 7200 Manchester Ave. Maplewood 63143 314-781-9162

**CRIDER HEALTH CENTER** [www.cridercenter.org](http://www.cridercenter.org)  
St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000  
Union: 1780 Old Highway 50 East 63084 636-582-8100  
Warrenton: 19515 Brune Parkway 63383 636-456-1500  
Wentzville: 1032 Crosswinds Ct. 3385 636-332-6000

**FAMILY CARE HEALTH CENTERS** [www.fhcstl.org](http://www.fhcstl.org)  
Carondelet: 401 Holly Hills Ave. 63111 314-353-5190  
Forest Park Southeast: 4352 Manchester Ave. 63110 314-531-5444

**GRACE HILL HEALTH CENTERS:** [www.gracehill.org](http://www.gracehill.org)  
Murphy O'Fallon: 1717 Biddle St. 63106 314-814-8700  
Soulard Benton: 2220 Lemp Ave. St. 63104 314-814-8700  
South 3930 S. Broadway St. Louis 63118 314-814-8700  
Water Tower: 4414 N Florissant Ave. 63107 314-814-8700

**MYRTLE HILLIARD DAVIS COMPREHENSIVE/CARESTLHEALTH**  
[www.carestlhealth.org](http://www.carestlhealth.org)  
Comprehensive: 5471 Dr. Martin Luther King Dr. 63112 314-367-5820  
Florence Hill: ~~5541 Riverview Blvd. 63120 314-389-4566~~ Closed  
Homer G. Phillips: 2425 N. Whittier 63113 314-371-3100  
4500 Pope Avenue 63115 - 314.385.3990

**STLHELP (FREE Home Medical Equipment)**  
[www.stlhelp.org](http://www.stlhelp.org) 636-933-9393  
Provides access to free home medical equipment through recycle and reuse.

**WISH CENTER SSM Health St. Mary's Hospital**  
1035 Bellevue Ave., Suite 205 Richmond Heights 63117  
[www.ssmhealth.com/locations/location-details/wish-center](http://www.ssmhealth.com/locations/location-details/wish-center) 314-768-8230  
(The Women and Infants Substance Help). High risk maternity care for women who are dependent on opioids and other drugs.

# MENTAL HEALTH

800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

[www.suicidepreventionlifeline.org/](http://www.suicidepreventionlifeline.org/)

24-Hour Local Help Line: 636-946-3771

TEXT: 741741

Quick response for mental health issues or suicide prevention dialog.

## ADAPT OF MISSOURI

4030 Chouteau Ave. 63110

2301 Hampton Ave. 63139

[www.adaptusa.com](http://www.adaptusa.com) 888-657-3201

Provides individual therapy, community support for adults with mental illness

## ANNIE MALONE CHILDREN & FAMILY CENTER

2612 Annie Malone Dr. 63113

[www.anniemalone.com](http://www.anniemalone.com) 314-531-0120 or 314-531-2612

Parenting education, self-help, respite, counseling and more.

## BEHAVIORAL HEALTH RESPONSE (BHR)

[www.bhrstl.org](http://www.bhrstl.org) 24 hour Crisis Lines: 314-469-6644 or 800-811-4760

Many locations, services, trainings, including help for youth.

## BJC BEHAVIORAL HEALTH

Administrative Offices, Referrals and Call Center

1430 Olive St., Suite 400 63103

[www.bjcbehavioralhealth.org](http://www.bjcbehavioralhealth.org) 314-747-7491 toll-free: 877-729-4004

After hours: 314-469-6644 or toll-free 800-811-4760

Mental health services and supportive services for adults and children. Several locations, including Farmington and Potosi, some offer same-day access.

## BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)

[www.bridgewaybh.com](http://www.bridgewaybh.com) Main number: 866-758-1152

St. Louis City Center 314-535-5246

St. Charles Center 636-757-2300

## CATHOLIC FAMILY SERVICES

[www.cfsstl.org](http://www.cfsstl.org) 800-652-8055

Various locations for psychiatric and mental health services.

## CENTREPOINTE HOSPITAL AND OUTPATIENT CLINICS

St. Charles: 4801 Weldon Spring Parkway 63304

St. Louis City: 1430 Olive St. 63103

[www.centerpointehospital.com](http://www.centerpointehospital.com) 800-345-5407

More locations. Residential & outpatient mental health, substance abuse treatment.

## CHAD'S COALITION (for Mental Health)

4121 Union Road #224 63129

[www.chadscoalition.org](http://www.chadscoalition.org) 314-952-2046

A variety of suicide and bullying prevention education programs & support.

## COMPREHENSIVE BEHAVIORAL HEALTH CENTER

505 South 8th St. East St. Louis, IL 62201 618-482-7330 (Office)

Mental health and substance abuse treatment, rehabilitative and social support on a 24-hour basis. Works with Alton Mental Health Center.

**COMMUNITY PSYCHOLOGICAL SERVICES (at UMSL)**  
232 Stadler Hall, One University Blvd. 63121  
314-516-5824 [www.umsl.edu/services/cps](http://www.umsl.edu/services/cps)  
Outpatient mental health center established by the University of Missouri-St. Louis.

**COMTREA**  
[www.comtrea.org](http://www.comtrea.org) 636-931-2700  
Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and more.

**CRIDER HEALTH CENTERS**  
[www.cridercenter.org](http://www.cridercenter.org) 636-332-6000  
St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000  
Union: 1780 Old Highway 50 East 63084 636-582-8100  
Warrenton: 19515 Brune Parkway 63383 636-456-1500  
Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000  
A variety of behavioral health programs and services throughout the area.

**CRISIS TEXT LINE: Text "GO" to 741-741**  
[www.crisistextline.org](http://www.crisistextline.org)  
Crisis Text Line serves young people (and others) in any type of crisis, providing access to free, 24/7, emotional support and information.

**DEPARTMENT OF MENTAL HEALTH**  
[www.dmh.mo.gov](http://www.dmh.mo.gov)  
The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

**FAMILY MENTAL HEALTH COLLABORATIVE:**  
314-747-7492  
For St. Louis County residents. Sliding fee scale.

**HAWTHORN CHILDREN'S PSYCHIATRIC HOSPITAL**  
1901 Pennsylvania Ave. 63133  
[www.dmh.mo.gov/hcph](http://www.dmh.mo.gov/hcph) 314-512-7800 314-512-7593 (TTY)  
A children's psychiatric hospital operated by the MO Dept. of Mental Health.

**HOPEWELL MENTAL HEALTH SERVICES**  
909 North 14th Street 63106  
[www.hopewellcenter.com](http://www.hopewellcenter.com) 314-531-1770 Emergency: 314-531-7335  
Provides mental health case management and psychiatric services. Onsite pharmacy for prescription medications. No walk-ins. Must make appointment.

**HYLAND BEHAVIORAL HEALTH CENTER**  
St. Anthony's Medical Center  
10010 Kennerly Rd. 63128  
[www.stanthonyamedcenter.com](http://www.stanthonyamedcenter.com) 314-525-7275.  
In-patient and out-patient psychiatric and chemical dependency services.

**INDEPENDENCE CENTER**  
Clubhouse: 4245 Forest Park Ave. 63108 314-533-4245  
Membership, Screening and Enrollment: 314-533-4163  
[www.independencecenter.org](http://www.independencecenter.org)  
Assists adults with serious, persistent mental illnesses to live and work in the community.

**JEWISH FAMILY AND CHILDRENS SERVICES**  
10950 Schuetz Rd 63146 [www.jfcs-stl.org](http://www.jfcs-stl.org) 314-993-1000  
Counseling for adults and children. Family conflict, depression, transitions, more.

**LIFEWISE (Formerly Kingdom House)**

**1321 S. 11th St. 63104 www.lifewisestl.org 314-421-0400**

Wrap-around Maternal Mental Health Program for new or pregnant Latina mothers at high risk of depression or anxiety, & increased risk for infant mortality.

**MEDICAL FAMILY THERAPY PROGRAM**

**Saint Louis University Center for Counseling and Family Therapy**

**Fitzgerald Hall, Suite 10 3500 Lindell Blvd. 63103 314-977-2505**

Individual, couples, and family counseling,

**MENTAL HEALTH FIRST AID**

**www.mentalhealthfirstaid.org 314-877-6458**

A series of courses, both online and classroom, that help the public identify and respond to signs of mental illnesses and substance use disorders.

**METROPOLITAN PSYCHIATRIC CENTER**

**5351 Delmar Blvd. 63112**

**www.dmh.mo.gov/mpc 314-877-0501**

Diagnostic and treatment psychiatric care services including forensic.

**MISSOURI COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE (MCADSV)**

**www.mocadsv.org/** Information and resources to support survivors in Missouri.

**MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)**

**5400 Arsenal St. 63139 www.mimh.edu 314-877-6401**

**NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)**

**www.nami.org** CIT: Crisis intervention Team programs, many resources and more.

**NAMI-ST. LOUIS BRANCH www.namistl.org 314-962-4670**

Community support, education, advocacy, for persons with severe and persistent mental illnesses and their families. Mental health First Aid classes.

**PLACES FOR PEOPLE**

**4130 Lindell Blvd. 63108**

**www.placesforpeople.org 314-993-1000**

Cost-effective outpatient services to people with mental health disorders, including assistance with medication and substance use. **(No housing services)**

**PROVIDENT COUNSELING**

**www.providentstl.org 314-533-8200 for appointments**

Provident provides counseling services at five locations throughout greater St. Louis

**SHAMROCK CLUB DAY TREATMENT PROGRAM AT ST. PATRICK CENTER**

**800 N. Tucker 63101**

**www.stpatrickcenter.org 314-802-0700**

Mental health and substance abuse treatment.

**ST. LOUIS EMPOWERMENT CENTER Depression Bipolar Support Alliance**

**1908 Olive St. 63103**

**www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442**

A drop-in center for mental health and substance abuse recovery self-help meetings.

**WALTER'S WALK**

**737 Dunn Road Hazelwood, MO 63042**

**www.walterswalk.com 314-731-2433**

Mental health services to children and adults regardless of ability to pay.

# MONEY MATTERS

## EXCEL CENTERS/PROSPERITY CONNECTION

[www.prosperityconnection.org](http://www.prosperityconnection.org)

Provides financial education, affordable financial services, resources. Free financial coaching and money management education, as well as low-cost banking options.

**Old North Excel Center** 2707 N. 14th Street 63106 314-768-5954

**24:1 Community Excel Center** 6724 Page Ave Pagedale, MO 63133 314-256-3995

**St. John Excel Center** 2808 Endicott 63114 314-256-3995

**Administrative Office** 3651 Forest Park Ave. 63108 314-385-1586

## GATEWAY EITC COMMUNITY COALITION

910 North 11th Street 63101 [www.gatewayeitc.org](http://www.gatewayeitc.org) 314-539-4062

Free tax preparation for low income households.

## JUSTINE PETERSEN

1023 N Grand 63106

[www.justinepetersen.org](http://www.justinepetersen.org) 314-533-2411

Home ownership and business loans, including Micro-Enterprise Services and more

## LIFEWISESTL (Formerly Kingdom House)

1321 S. 11th St. 63104

[www.lifewisestl.org](http://www.lifewisestl.org) 314-421-0400.

Financial Stability Services provide one-on-one coaching, financial education and access to credit and wealth-building products. Includes Credit Union micro-branch.

## OFFICE OF FINANCIAL EMPOWERMENT City of St. Louis Treasurer

1200 Market Street City Hall Room 220 63103

[www.stlofe.org/](http://www.stlofe.org/) 314-622-4700

Free financial education and counseling resources to help raise credit scores, get out of debt, start a business, assist students efforts to attend college, more.

## RED DOUGH LOANS

6724 Page Avenue 63133

[www.reddough.com](http://www.reddough.com) 314-726-2678

Combats predatory lending through Helping Hand Loan™, an installment loan that helps break the payday loan cycle. Works with Prosperity Connection.

## ROW (REDEVELOPMENT OPPORTUNITIES FOR WOMEN)

Family Resource Center 3309 S. Kingshighway Blvd 63139

[www.frcmo.org/services/row/](http://www.frcmo.org/services/row/) 314-534-9350

Focus on financial security for women impacted by poverty and trauma.

## STATE ID AND OTHER RESOURCES

Visit **RE-ENTRY** starting on Page 40 for information about walk-in assistance at the College Church at Grand and Lindell. Also through City Hall.

## WOMEN IN CHARGE

1483 82nd Blvd. University City, MO 63132

[www.womenincharge.org](http://www.womenincharge.org) 314-432-7300

Many programs, including HiSet classes (formerly GED), mentoring, counseling, career development, nutrition, Yoga, financial literacy and more.

# RE-ENTRY

**\*\*\*NOTE: Two forms of ID are usually needed for employment, so try to take care of this as soon as possible. If still incarcerated, a caseworker can get this process started before release.\*\*\***

## **ID: OUTREACH PROGRAM AT THE COLLEGE CHURCH**

Parish Center (Lower Level)

3628 Lindell Blvd. (just west of Grand) 63108 314-977-7308

They assist with both birth certificates and Missouri State IDs. Arrive by 8:45am on Tuesdays and Wednesdays.

Legal advice clinics are every 3rd Wednesday starting at 9:00am.

Call 314-977-7308 for a recorded message about their programs and times.

## **CALL FOR HELP, INC.**

9400 Lebanon Rd. East St. Louis, IL 62203

[www.callforhelpinc.org](http://www.callforhelpinc.org) 618-397-0968

Multi-service agency responding to crisis situations in the Metro East area.

## **CENTER FOR WOMEN IN TRANSITION (CWIT)**

7529 South Broadway 63111

[www.cwitstl.org](http://www.cwitstl.org) 314-771-5207

There are two transitional housing facilities in St. Louis city for women reentering the St. Louis area from a correctional facility.

## **COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)**

2709 Woodson Rd. 63114

[www.caastlc.org](http://www.caastlc.org) 314-863-0015

Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug and alcohol, counseling, family development, job readiness and placement.

## **CONCORDANCE ACADEMY**

[www.concordanceacademy.com](http://www.concordanceacademy.com) 314-444-1126

Re-entry support program that starts before release. Currently operating in three eastern Missouri prisons. Call or check the website for more information.

## **CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS**

[www.connectionstosuccess.org](http://www.connectionstosuccess.org)

2125 Bissell 63107 314-584-6887

(In the Grace Hill building near Grand and Florissant)

3000 Little Hills Expressway St. Charles 63301 636-940-8027

1701 N 2nd St. St Charles 63301 636-940-8027

Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. **Grace Hill address is for women only.** Call to make an appointment.

## **CRIMINAL JUSTICE MINISTRY**

1104 South Jefferson 63104 [www.cjmstlouis.org](http://www.cjmstlouis.org) 314-652-8062

Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including Welcome Backpacks with personal items, bus passes, and more.

### **Release to Rent for Veterans**

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.



**Release to Rent**

Up to one year of supportive housing for men completing long-term sentences who can work full time and are without community support. Contact CJM by letter at least six months before release date.

**EDUCATIONAL OPPORTUNITY CENTERS**

4495 Forest Park Ave. 63108

314-535-6670

The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

**Educational Opportunity Center**

1408 N Kingshighway Blvd., #107 314-367-8100

4644 Gravois Ave. 314-352-4113

13 N Oaks Plaza 314-385-4005

**East St. Louis, Illinois EOC**

601 James R Thompson Blvd. Building B, Suite 2079 East St. Louis, IL.

62201 618-482-6931

**EMPLOYMENT CONNECTION**

2838 Market St. 63103

[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday, 9:00am-3:30pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. **Bring ID.**

**FATHERS SUPPORT CENTER**

Prince Hall Family Support Center

4411 N. Newstead Ave. 63115

[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org) 314-333-4170

The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also offers employment services. FSC has received grant funding for training and job placement for ex-offenders. Call for details.

**FEDERAL BONDING PROGRAM (Dept. of Economic Development)**

421 East Dunklin St., PO Box 1087 Jefferson City 65102

573-526-8217

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

**GOODWILL**

Many locations.

Career Center of Downtown St. Louis

1727 Locust St

St Louis 63103

[www.mersgoodwill.org/about/jobs](http://www.mersgoodwill.org/about/jobs) 314-436-3540

High school diploma program, training and jobs.

**HEARTLAND CENTER FOR BEHAVIORAL CHANGE**

[www.heartlandcbc.org/](http://www.heartlandcbc.org/) Toll-free number: 866-242-6670

Several locations in the KC areas and southwest MO areas, Residential RE-ENTRY programs, SATOP and PREA resources. Sliding scale.

### **HELP FOR FELONS**

**[www.HelpForFelons.org](http://www.HelpForFelons.org)**

A website with lots of information about jobs, loans, tips for getting hired, housing, resources, felons forum and more on line.

### **HUMANITRI**

**1447 East Grand Ave. 63107**

**[www.humanitri.org](http://www.humanitri.org) 314-772-7720**

Humanitri provides support for prisoner families. Prisoner Family Bus Transportation. Next Steps-Ex Offender Re-entry Program.

### **ISAIAH 58 MINISTRIES**

**2149 South Grand Blvd. 63104 314-776-1410**

Computers, clothing, and other services available between 10:00am-1:00pm.

### **KAIROS PRISON MINISTRY - MISSOURI**

**PO Box 191214 63119**

**[www.koeastmo.org](http://www.koeastmo.org) 636-577-4733 [www.missourikairos.org/](http://www.missourikairos.org/)**

Support for the families of persons who are or have been incarcerated in the county's correctional facilities, and county jails and youth offender program

### **JUSTINE PETERSEN**

**1023 North Grand Blvd. 63106**

**929 North 15th St., East St. Louis, IL 62205**

**[www.justinepetersen.org](http://www.justinepetersen.org) 314-533-2411**

Homeowner and small business loans, credit counseling, first time homebuyer options, and more. Loans for formerly incarcerated individuals.

### **LAUGHING BEAR BAKERY**

**1610 Olive (in Centenary United Methodist Church) 63103**

**[www.laughingbearbakery.org/](http://www.laughingbearbakery.org/)**

Apply in person Monday or Wednesday mornings or online. A work-skills training program for ex-offenders. Both men and women are eligible as paid employees.

### **LEGAL AID/Legal Services of Eastern Missouri**

**4232 Forest Park Blvd. 63108**

**314-534-4200 Legal Aid: 800-444-0514**

**[www.lsem.org/](http://www.lsem.org/)**

Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs.

### **LET'S START**

**1408 S. 10th St. 63104**

**[www.letsstart.org](http://www.letsstart.org) 314-241-2324**

Programs for children of incarcerated parents, as well as formerly incarcerated women. Transportation to women's prisons for children and weekly support groups.

### **LUTHERAN SOCIAL SERVICES OF ILLINOIS**

**1405 State St. East St. Louis, IL 62205**

**[www.lssi.org](http://www.lssi.org) 618-601-3459**

Services include employment, school and resources for clothing, housing, identification, medical, mental health and employment. program.

### **MISSOURI CURE**

**PO Box 28931 63132**

**[www.missouricure.org](http://www.missouricure.org) and [www.curenational.org](http://www.curenational.org) 877-525-CURE (2873)**

Advocacy for offenders, their families, and others. No direct services.

**MISSION GATE PRISON MINISTRY**

PO Box 6644 Chesterfield 63006

[www.missiongateministry.org](http://www.missiongateministry.org) 636-391-8560

Christian-based residential program. Men and women. Several locations.

**MISSION ST. LOUIS**

3108 N Grand Blvd 63107

[www.missionstl.org](http://www.missionstl.org) 314-534-1188

Job & Leadership Training for at-risk men, recruiting adult males for skill building.

**MISSOURI DEPT. OF CORRECTIONS**

[www.doc.mo.gov](http://www.doc.mo.gov).

Information about re-entry programs and information that is useful for friends and family of incarcerated persons.

**NORTH COUNTY COMMUNITY DEVELOPMENT CORP.**

2483 Alexandria Place Pkwy 63136

[www.northcountycdc.org](http://www.northcountycdc.org) 314-867-9160

Shelter and transitional housing programs, including a prison re-entry program.

**BOONE COUNTY OFFENDER TRANSITION NETWORK**

[www.bcotn.org](http://www.bcotn.org)

This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. In PDF format.

**PARENT LINK**

[www.parentlink.missouri.edu](http://www.parentlink.missouri.edu) 800-552-8522 Espanol 888-460-0008

Resources about parenting issues. Support for incarcerated parents.

**RANKEN TECHNICAL COLLEGE**

4431 Finney Ave. 63113

WENTZVILLE LOCATION 755 Parr Rd. Wentzville 63385

[www.ranken.edu](http://www.ranken.edu) Admissions 314-286-4809

Construction skills training and more. Financial aid available.

**ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)**

[www.stlreentry.org](http://www.stlreentry.org)

A coalition working to make the re-entry process more successful.

**ST. LOUIS COMMUNITY COLLEGE(S)**

[www.stlcc.edu](http://www.stlcc.edu) Forest Park location: 314-644-9100

**ST LOUIS COMMUNITY RE-ENTRY PROGRAM FOR EX-OFFENDERS**

1809 S. 8th St. 63104 314-951-4048

Substance abuse meetings, transitional housing, job training.

**US APPRENTICESHIP PROGRAMS**

[www.doleta.gov/jobseekers](http://www.doleta.gov/jobseekers)

**US DEPARTMENT OF LABOR**

[www.doleta.gov/jobseekers/career\\_options.cfm](http://www.doleta.gov/jobseekers/career_options.cfm)

A comprehensive website. Apprenticeships are available to ex-offenders.

**THE WORKFORCE SOLUTIONS GROUP (Accelerated Job Training)**

St. Louis Community College's Corporate College.

3221 McKelvey Road Bridgeton 63044

[www.stlcc.edu/Workforce-Solutions](http://www.stlcc.edu/Workforce-Solutions) 314-539-5302

Develops industry-specific training in partnership with the college's campuses.

# STREETWISE

**FOR EMERGENCY SHELTER AND OTHER HOUSING PROGRAMS:  
HOMELESS HOTLINE - 314-802-5444**

## **CHRIST CHURCH CATHEDRAL**

**12th and Locust 314-231-3454**

Breakfast every Saturday 7:30am-8:30am. Doors are open throughout the day.

## **DREAM CENTER**

**4324 Margaretta 63115 314-381-0700**

Food pantry, clothing, laundry, haircuts and showers. Call for times.

## **EMERGENCY FOOD STAMPS/SNAP PROGRAM**

**Info Line: 855-373-4636 Ext. 2**

**EBT Customer Service Line: 800-997-7777**

**3101 Chouteau Ave. 63103 314-256-7000**

**4411 N Newstead Ave., 3rd Floor 63115 314-877-2000**

**Income Maintenance: 314-877-2400**

Post office boxes available where mail can be received.

## **MERS/MISSOURI GOODWILL INDUSTRIES**

**1727 Locust St. 63103**

**[www.mersgoodwill.org](http://www.mersgoodwill.org) 314-241-3464**

Job opportunities and counseling. Many locations.

## **NATIONAL RUNAWAY CRISIS HOTLINE 24-HOUR**

**[www.nrscrisisline.org](http://www.nrscrisisline.org) 800-RUNAWAY/ 800-786-2929**

## **OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER**

**314-977-7308 (Call this number for details)**

**3628 Lindell Blvd. just west of Grand 63108 (Lower Level)**

State ID and birth certificates. Sign in between 8:45am and 9:30am on Tuesdays or Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15am.

**[www.dmv.org/mo-missouri/id-cards.php](http://www.dmv.org/mo-missouri/id-cards.php)**

This website will give information about getting a state ID from the Department of Motor Vehicles. Birth certificates also at City Hall, 1200 Market St.. Rm 126 for \$15.

## **ST. LOUIS DEPARTMENT OF PUBLIC HEALTH**

**1520 Market St., Room 4050 63103**

**[www.stlouis-mo.gov](http://www.stlouis-mo.gov) 314-612-5100**

**Aids and STD Testing and Info: 888-291-AIDS (2437)**

## **SHAMROCK CLUB DAY TREATMENT PROGRAM AT ST. PATRICK CENTER**

**800 N. Tucker Blvd. 63101**

**[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**

Membership privileges available, including breakfast, lunch, showers, phones, laundry, referrals. Also many other services at St. Patrick Center. Lunch 7 days a week, from noon - 12:30.

**PUBLIC LIBRARIES** provide computers and computer labs that give immediate access to the internet. And you can sign up for an e-mail address there.

**See page 33 for a list of places that provide hot meals  
and sandwiches in St. Louis.**

# **SUBSTANCE ABUSE TREATMENT**

Alcoholics Anonymous (AA) [www.aa.org](http://www.aa.org) 314-647-3677  
Cocaine Anonymous (CA) [www.camissouri.org](http://www.camissouri.org) 314-361-3500  
Narcotics Anonymous (NA) [www.na.org](http://www.na.org) 314-830-3232  
Al-Anon [www.stl-al-anon.org](http://www.stl-al-anon.org) 314-645-1572

**ALEXIAN BROTHERS BEHAVIORAL HEALTH HOSPITAL-ONE-EIGHTY**  
3933 S Broadway 63118  
[www.stalexiushospital.com/one-eighty](http://www.stalexiushospital.com/one-eighty) 800-841-4263  
Medical withdrawal stabilization, 3-5 day hospital stay, follow-up and more.

**ALTERNATIVE BEHAVIORAL CARE**  
255 Spencer Rd., Suite 101 St. Peters 63376  
[www.alternativebehavioralcare.com](http://www.alternativebehavioralcare.com) 636-477-6111  
Children, adolescent and adult mental health and substance abuse programs that include medication assisted therapy. Opiate recovery and Suboxone assessments.

**ASSESSMENT AND COUNSELING SOLUTIONS**  
4400 S. Lindbergh Blvd. 63127  
[www.aandcsolutions.com](http://www.aandcsolutions.com) 314-849-2800  
Assessment and counseling solutions. Drug and alcohol addiction. Mix of mental wellness and substance abuse services.

**ASSISTED RECOVERY CENTER OF AMERICA (ARCA)**  
6651 Chippewa St. Louis 63109  
[www.arcamidwest.com](http://www.arcamidwest.com) 314-645-6840  
Detox. In-and out-patient and transitional living treatment programs, more locations

**BEHAVIORAL HEALTH RESPONSE (BHR)**  
[www.bhrstl.org](http://www.bhrstl.org)  
24-hour Mental Health Crisis Line: 314-469-6644 or 800-811-4760

**BLACK ALCDRUG SERVICE INFORMATION CENTER (BASIC)**  
3654 South Grand. 63118  
[www.basicinc.org](http://www.basicinc.org) 314-621-9009  
Drug and alcohol addiction. Substance abuse treatment services.

**BRIDGEWAY BEHAVIORAL HEALTH (Several Locations)**  
St. Louis City Center 1027 S. Vandeventer 63110  
St. Charles Center 1570 S. Main St. St. Charles 63303  
[www.bridgewaybh.com](http://www.bridgewaybh.com) 866-758-1152  
Medically-assisted detoxification. Addiction, sexual assault, domestic violence, recovery, mental health, adolescent outpatient. SATOP. 12 locations. Some housing including residential treatment program for women in St. Charles.

**CENTER FOR LIFE SOLUTIONS, INC.**  
9144 Pershall Rd. Hazelwood 63042  
[www.centerforlifesolutions.org](http://www.centerforlifesolutions.org) 314-731-0100  
Crisis Intervention Hotline: 314-302-6728  
CSTAR, Medication-assisted and methadone treatment programs.

**CENTERPOINTE HOSPITAL**  
4801 Weldon Spring Parkway St. Charles, MO 63304  
[www.centerpointehospital.com](http://www.centerpointehospital.com) 636-441-7300 or 800-345-5407  
Dual diagnostic treatment. Adolescent outpatient, behavioral health services including residential treatment programs. Several outpatient locations.

**CENTREC CARE, INC.**

1030 Woodcrest Terrace Dr. 63141

[www.centrecare.com](http://www.centrecare.com) 314-205-8068

Drug and alcohol addiction, detox, buprenorphine treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders. Self payment. Privately provided health insurance, military insurance.

**CLAYTON BEHAVIORAL**

9890 Clayton Rd., Suite 100 63124

[www.claytonbehavioral.com](http://www.claytonbehavioral.com) 314-222-5830

Drug and alcohol outpatient addiction programs. Medically-assisted detox (VIVITROL®, Antabuse, Acamprosate and SUBOXONE®).

**COMMUNITY SERVICES OF MO**

4456 S. Lindbergh Blvd. 63127

[www.DWIprograms.com](http://www.DWIprograms.com) 314-849-6855

Drug and alcohol addiction, halfway house. Special Programs, DUI/DWI, Rehabilitation. Self payment. Sliding fee scale. Private court service.

**COMPREHENSIVE BEHAVIORAL HEALTH CENTER**

505 South 8th St. East St. Louis, IL 62201

[www.cbhc1.org](http://www.cbhc1.org) 618-482-7330 (Office)

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center. Emergency and Crisis Intervention. Children, adolescents and adults.

**COMTREA**[www.comtrea.org](http://www.comtrea.org) 636-931-2700

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24-hour crisis services.

**CROSSROADS PROGRAM**

626 Cepi Dr. Chesterfield 63005

[www.thecrossroadsprogram.com](http://www.thecrossroadsprogram.com) 636-532-9991

A drug and alcohol rehab center for teens. St. Louis, Kansas City and Columbia.

**DRUG COURT PORTAL****PREFERRED FAMILY HEALTHCARE**[www.pfh.org/portal-drug-court](http://www.pfh.org/portal-drug-court)

Virtual World Treatment for Drug Court Participants. Treatment is facilitated in a 3D virtual environment in conjunction with drug court provisions.

**GIBSON RECOVERY CENTER**

340 S. Broadview, Cape Girardeau, MO 63701

[www.gibsonrecoverycenter.org](http://www.gibsonrecoverycenter.org) 573-332-0416

In and outpatient drug and alcohol treatment, southeast Missouri communities.

**HARRIS HOUSE**

8315 S. Broadway 63111

[www.harrishouse.org](http://www.harrishouse.org) 314-631-4299

Drug and alcohol addiction. Halfway house, women, men. Self payment.

**HAVEN RECOVERY HOMES**[www.havenrecoverystl.com](http://www.havenrecoverystl.com) 314-930-9384

Residential treatment with live-in housing managers, support meetings and resource assistance in structured alcohol-and drug-free living environment.

**HEARTLAND CENTER FOR BEHAVIORAL CHANGE**

[www.heartlandcbc.org/](http://www.heartlandcbc.org/) Toll-free number: 866-242-6670

Several locations including Springfield and Branson. Services include community residential RE-ENTRY programs, SATOP and PREA resources. Sliding scale.

**HILLJACK HOUSE**

[www.hilljackhouse.org](http://www.hilljackhouse.org) 314-255-3964

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

**METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS**

5351 Delmar Blvd. 63112

[www.dmh.missouri.gov/mpc](http://www.dmh.missouri.gov/mpc) 314-877-0500

Detox. Persons with co-occurring mental and substance abuse disorders. State or government financed insurance. Forensic programs.

**MIDWEST INSTITUTE FOR ADDICTION**

711 Old Ballas Rd., Suite 203 63141

[www.midwestinstituteforaddiction.org](http://www.midwestinstituteforaddiction.org) 314-569-2253

Inpatient and outpatient treatment programs. Medically assisted treatment and counseling to treat alcohol and drug addiction. Sliding scale and financing options.

**MO NETWORK FOR OPIATE REFORM AND RECOVERY**

4022 South Broadway 63118

[www.monetwork.org](http://www.monetwork.org) 314-717-3472 24 hour help line at 1-844-REBEL-UP.

Legislative reform, harm reduction, family support, resources for detox and treatment placement. Also legal services. Free 12 panel drug screen test and Narcan. Now offering a syringe exchange program.

**MISSOURI OPIOID STATE TARGETED RESPONSE**

[www.dss.mo.gov/opioid-crisis-response.htm](http://www.dss.mo.gov/opioid-crisis-response.htm)

**NCADA National Council on Alcohol and Drug Abuse**

9355 Olive Boulevard St. Louis, MO 63132

[www.ncada-stl.org](http://www.ncada-stl.org) 314-962-3456

Substance use assessments. Naloxone (Narcan ) training.

**NEW BEGINNINGS CSTAR INC**

1408 N. Kingshighway 63113

[www.newbeginningscstar.com](http://www.newbeginningscstar.com) 314-367-8989

Drug and alcohol addiction services. DUI/DWI rehabilitation, criminal justice clients.

**NORTHBOUND ST. LOUIS**

333 S Kirkwood Rd., Suite 303 Kirkwood 63122

[www.livingsober.com](http://www.livingsober.com) 314-678-1130

Treatment for alcoholism, addiction to other mood altering chemicals, and dual diagnoses. Services: Clinical evaluations, interventions, outpatient services.

**OXFORD HOUSE**

2715 Osage St. 63118

[www.oxfordhouse.org](http://www.oxfordhouse.org) 314-772-6771

National, self-run, self -supported, addiction recovery houses. Subsidized rent and meals in separate buildings and programs for men and women.

**PLACES FOR PEOPLE**

4130 Lindell Blvd. 63108

[www.placesforpeople.org](http://www.placesforpeople.org) 314-535-5600

Comprehensive substance-abuse treatment program. Walk-ins welcome.

**PREFERRED FAMILY HEALTHCARE, INC.**

3800 S. Broadway 63118

[www.pfh.org](http://www.pfh.org) 314-772-2205Behavioral health organization offering substance abuse treatment, prevention, and mental health services, including **eight locations** in St. Louis and the Metro area.**PROVIDENT, INC.**[www.providentstl.org](http://www.providentstl.org) **SEVERAL LOCATIONS.**

Life Crisis Hotline 314-647-HELP (4357) or 1-800-273-TALK (8255)

For first appointment, call: 314-533-8200 or 800-782-1008 314-898-0101

Mix of mental wellness, counseling, and substance abuse services. Sliding scale.

**QUEEN OF PEACE CENTER**

325 N. Newstead St. 63108

[www.qopcstl.org](http://www.qopcstl.org) 314-531-0511 Ext. 1

Drug and alcohol addiction services, Supportive and permanent housing at five locations and at scattered community sites. Walk-In Clinic Hours For Women and Children: Monday – Friday, 9am – 3pm. CSTAR. Residential and outpatient.

**RECOVERY HOUSE**[www.recoverystl.com](http://www.recoverystl.com) 314-884-0747

Transitional living and supportive housing for men in recovery from alcohol and drugs. Visit website for requirements and rental fees. Several locations.

**REFUGE RECOVERY****A Buddhist Path to Recovering from Addiction**[www.refugerecovery.org](http://www.refugerecovery.org)

Mindfulness-based addiction recovery based on Buddhist philosophy. Website lists local and national locations and more. All are welcome.

**SALVATION ARMY ADULT REHAB CENTER (ARC)**

3949 Forest Park Blvd. 63108

[www.satruck.org](http://www.satruck.org) 314-535-0057

Men's non-clinical residential rehab and work for chemical dependency.

**SALVATION ARMY**

2900 Washington Blvd. 63103

314-652-3310

Drug and alcohol addiction, detox and rehab programs up to 21 days.

No residential. Now accepting women on out-patient basis. CSTAR, veterans.

**SAMHSA: SUBSTANCE ABUSE SERVICES LOCATOR**[www.samhsa.gov](http://www.samhsa.gov) [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

Suicide Prevention Lifeline 800-273-TALK (8255)

A comprehensive website that provides a treatment locator and many other resources.

**SATOP Substance Abuse Traffic Offender Program**[www.dwiprograms.com](http://www.dwiprograms.com)

Many locations, programs and phone numbers listed on this website.

**SOUTHEAST MISSOURI BEHAVIORAL HEALTH**[www.semoctc.org](http://www.semoctc.org) 800-455-5749

Many locations listed on their website. Professionals dedicated to individualized drug and alcohol treatment. Admissions accepted 24/7.

**STEPPING INTO THE LIGHT MINISTRY**1402 Hebert 63107 [www.sitlm.org](http://www.sitlm.org) 314-231-5175 or 314-213-4697

90-day residential treatment program for drug and alcohol abuse.



**ST. LOUIS EMPOWERMENT CENTER**

Depression Bipolar Support Alliance (DBSA)

1908 Olive St. 63103

[www.dbsaempowerment.org](http://www.dbsaempowerment.org) 314-652-6100 Friendship Line: 866-525-1442A drop-in center for mental health and substance abuse recovery self-help meetings.  
Open 365 days a year 9:00am-3:00pm. Lunch daily. Many support groups, programs.**ST. LOUIS METRO TREATMENT CENTER**

9733 St. Charles Rock Rd. Breckinridge Hills 63114

[www.methadonetreatment.com](http://www.methadonetreatment.com) 314-423-7030

Outpatient clinic specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin.

**ST. LOUIS VALLEY HOPE**

12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101

Boonville: 1415 Ashley Rd. 65233 660-882-6547 [www.valleyhope.org](http://www.valleyhope.org)

Drug and alcohol addiction services. Individualized treatment and variable lengths of stay Residential and out-patient. Self payment. Sliding scale.

**ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER**

915 N. Grand St. 63106

[www.va.gov](http://www.va.gov) 314-652-4100 Ext. 5

Jefferson Barracks Division #1 Jefferson Barracks Dr. 63125 314-894-6693

Drug and alcohol addiction, detox, methadone, detox, halfway house, more.

**ST. PATRICK CENTER**

800 N. Tucker Blvd. 63101

[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0693

Drug and alcohol addiction services and Shamrock Club. Lunch every day.

**ST. VINCENT HOME FOR CHILDREN**

7401 Florissant Road 63121

[www.saintvincenthome.org](http://www.saintvincenthome.org) 314-261-6011

Residential and outpatient substance abuse treatment programs for youth struggling with drug and/or alcohol addiction. Individual and group therapy.

**SYRINGE EXCHANGE****MISSOURI SAFE PROJECT**[www.mosafe.org](http://www.mosafe.org) . 314-610-0999

A program to end new HIV/HEP C infections and promote harm reduction.

**TEEN CHALLENGE OF ST. LOUIS**

2650 Appletree Acres Ln. High Ridge 63049

[www.teenchallengestl.com](http://www.teenchallengestl.com) 636-677-1776

Drug addiction treatment. Part of the network across the US.

**WEST END CLINIC, INC.**

5736 W. Florissant Blvd. 63120

[www.westendclinic.org/](http://www.westendclinic.org/) 314-381-0560

Drug and alcohol addiction, methadone services. Sliding fee scale. Detoxification, halfway house, partial hospitalization/day treatment, intensive outpatient treatment.

**WISH CENTER SSM Health St. Mary's Hospital**

1035 Bellevue, Suite 205 Richmond Heights 63117

[www.ssmhealth.com/maternity/wish-center](http://www.ssmhealth.com/maternity/wish-center) 314-768-8230*The Women and Infants Substance Help (WISH)* provides comprehensive high risk maternity care to pregnant women who are dependent on opioid drugs.

# UTILITY ASSISTANCE

## CARDINAL RITTER SENIOR SERVICES

314-918-2258 Utilities only.

Clients must be 60 years of age and older. City residents in threat of disconnect.

## COOL DOWN ST. LOUIS/HEAT UP ST. LOUIS

[www.cooldownstlouis.org](http://www.cooldownstlouis.org)

[www.heatupstlouis.org](http://www.heatupstlouis.org)

Websites with information about utility assistance, tips, and much more.

## ENERGY CARE

2758 Wyoming St. 63118

[www.energycare.org](http://www.energycare.org) 314-773-5900

Provides a variety of services for low-income seniors (60+), people living with chronic illnesses and disabilities, and families with children under five.

## DOLLAR HELP/UTILITY ASSISTANCE

[www.dollarhelp.org](http://www.dollarhelp.org)

Locations and phone numbers of agencies offering utility assistance.

## FATHER BOB'S ST. AUGUSTINE CATHOLIC CHURCH

1371 Hamilton Ave. 63112

[www.fatherbobsoutreach.com](http://www.fatherbobsoutreach.com) 314-385-1934

Utility and rental assistance every Monday, Wednesday, Friday to the first 30 people in line by 6:00am. Must have ID, utility bill or rental agreement and \$25 cash or money order which will be matched with up to \$75 toward the bill. Food pantry and clothing:

## FRANCISCAN CONNECTION

2903 Cherokee St. 63118

[www.franciscanconnection.org](http://www.franciscanconnection.org) 314-773-8485

Utility assistance, bus passes, school supplies, new shoes.

## LIHEAP

Low Income Home Energy Assistance Program

[www.dss.mo.gov/fsd/liheap](http://www.dss.mo.gov/fsd/liheap)

## PAKT Community Resource Center

500 Airport Rd Ferguson, 63135

[www.paktcenter.org](http://www.paktcenter.org) 314-524-2710

Rent and utility assistance, food pantry, clothing, after-school program & more for North County residents. Call the number above for details.

## SALVATION ARMY

314-646-3000

Referral to utility assistance throughout the area by zip code.

## ST. VINCENT DE PAUL ASSISTANCE LOCATOR

[www.svdpstlouis.org](http://www.svdpstlouis.org)

## URBAN LEAGUE UTILITY ASSISTANCE

St. Louis City Division 935 Vandeventer St. 63108

[www.ulstl.com](http://www.ulstl.com) 314-615-3684

St. Louis County Division 8960 Jennings Station Rd. 63136 314-388-9840

St. Clair County Division

10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150

# for VETERANS

## CRISIS LINE

1-800-273-8255, press 1. (24/7)

Live Chat with the Veterans Crisis Line (24/7)

## SUICIDE PREVENTION HOTLINE

800-273-TALK (8255) Press 1 for veterans

## HOPE RECOVERY CENTER

515 North Jefferson Ave. 63103

314-652-4100 Ext. 55460

Transitional outpatient services including a HOMELESS VETERANS PROGRAM.

## EMPLOYMENT CONNECTION

2838 Market St. 63103

[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)

Homeless Veterans Reintegration Program Job placement services and housing.

Supportive services for families. Rental assistance, deposits, utilities, etc.

## H.E.R.O.E.S. Care

1306 R West Lark Industrial Dr. Fenton 63026

[www.heroescare.org](http://www.heroescare.org) 636 600-0096

Food, clothing, financial assistance more for veterans, active military, and families.

## THE MISSION CONTINUES

1141 South 7th St. 63104

[www.missioncontinues.org](http://www.missioncontinues.org) 314-588-8805

Veterans engage in community service in St. Louis and nationwide to continue their service in a meaningful way.

## MOVE: MISSOURI VETERANS ENDEAVOR

8410 Engler Park Ct. St. John 63114

[www.move-stl.org](http://www.move-stl.org) 314-778-9497

Non-profit organization that provides long-term supportive housing and services to veterans and family members. Near Highway 170.

## MY NEXT MOVE FOR VETERANS

[www.mynextmove.org](http://www.mynextmove.org)

## ST PATRICK CENTER

800 N. Tucker 63101

[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700

Supportive services (Housing, Employment, Recovery, Opportunities). Call for information about apartments for veterans. Includes surrounding counties.

## RELEASE TO RENT FOR VETERANS

Criminal Justice Ministry

1104 South Jefferson 63104

[www.cjmslouis.org](http://www.cjmslouis.org) 314-652-8062

Supportive housing for veterans who are homeless and have a criminal record.

## REGIONAL ALLIANCE FOR THE TROOPS

[www.rafft.org](http://www.rafft.org) 314-432-8200

A website devoted to providing military members, their families and veterans with resources all in one location.

**HELP FOR HOMELESS VETERANS: 877-424-3838**

**ST. LOUIS COUNTY VETERANS PROGRAM**

9666 Olive Blvd., Suite 510 63132

[www.stlouisco.com](http://www.stlouisco.com) 314-615-4516 TTY: 800-735-2966

Various services including case management, referral for benefits, legal, medical, employment, housing and transportation assistance.

**North County: 21 Village Square, Hazelwood, 63042 314-625-4000**

**South County: 4548 Lemay Ferry Rd. 63129 314-615-4000**

**Community Outreach: 314-615-7433**

**STAND DOWN**

**National Coalition for Homeless Veterans**

1730 M St. NW, Suite 705 Washington, DC 20036

[www.nchv.org/](http://www.nchv.org/) 202-546-1969 Toll-free phone: 800-VET-HELP

**ST PATRICK CENTER Supportive Services for Veterans Families (SSVF)**

800 N. Tucker St. Louis MO. 63101 314-802-0700

For homeless veteran families in St. Louis area and rural counties. Rapid-re-housing, short-term housing assistance, case management services, and more.

**TRUE NORTH MANAGEMENT SERVICES**

940 Biltmore Dr. Fenton 63026

[www.tnmsllc.com](http://www.tnmsllc.com) 636-717-0111

Veteran-owned St. Louis-based cellular network construction firm. Hires veterans and active reservists. Also locations in Kansas and Tennessee.

**US DEPARTMENT OF VETERANS AFFAIRS**

**St. Louis Regional Benefit Office**

400 S 18th St. 63103

[www.va.gov/directory/guide](http://www.va.gov/directory/guide) 800-827-1000

Addresses, phone numbers, programs, benefits, job openings specifically for veterans.

**VA MEDICAL CENTER**

[www.stlouis.va.gov](http://www.stlouis.va.gov)

800-228-5459 314-652-4100 Ext. 53772

314-289-6418 (Methadone Clinic)

314-894-6693

John Cochran Division: 915 N Grand Blvd. 63106

Jefferson Barracks Division: #1 Jefferson Barracks Dr. 63125

**VETERANS BENEFITS and other VA information: 800-827-1000**

<http://www.stlouis.va.gov>

Addresses, phone numbers, programs, job openings specifically for veterans.

**VETERANS CRISIS LINE**

[www.veteranscrisisline.net](http://www.veteranscrisisline.net) 800-273-8255 TTY: 800-799-4889

Connects veterans in crisis (and their families and friends) with Dept. of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

**VETERANS FOR PEACE**

1404 N Broadway 63102

[www.veteransforpeace.org](http://www.veteransforpeace.org) 314-725-6005

International organization of military veterans, military family members, and allies dedicated to building a culture of peace Over 120 chapters across the US and abroad.

[www.st.louis.va.gov](http://www.st.louis.va.gov)

[www.veteransworld.com](http://www.veteransworld.com)

[www.va.gov](http://www.va.gov)

# YOUTH SERVICES

24/7 Youth Connection Helpline: 877-928-2929 or 314-628-2929  
24-Hour Help Line: 636-946-3771

National Suicide Prevention Lifeline: 800-273-TALK (8255)  
Or use the online services to chat, email, or post on the forum.  
[www.1800runaway.org](http://www.1800runaway.org)

CRISIS TEXT: Text START or GO to 741741 [www.crisistextline.org](http://www.crisistextline.org)  
National Runaway Safeline [www.1-800runaway.org](http://www.1-800runaway.org) 800-786-2929t

## **ANNIE MALONE Children and Family Service Center**

2612 Annie Malone Dr. 63113

[www.anniemalone.com](http://www.anniemalone.com) 314-531-0120

Crisis center, day care, services for teenagers through community programs.

## **B-WORKS**

2414 Menard St. 63104

[www.bworks.org](http://www.bworks.org) 314-827-6640

Earn a computer, fix up a bike to keep, write a book. Programs for kids.

## **BIG BROTHERS BIG SISTERS**

[www.bbbsemo.org](http://www.bbbsemo.org)

501 N. Grand Blvd., Suite 100 63103 314-361-5900

28 Portwest Court St. Charles, MO 63303 314-361-5900

Parenting education, self-help, counseling and more.

## **BUILDING FUTURES: Design and Build Workshop**

2720 N. 13th St. St. Louis, MO 63106

[www.building-futures.org](http://www.building-futures.org) 314-241-7222

Free Saturday classes with professional instructors. Also, in schools & camp.

## **CAP4KIDS (Children's Advocacy Project) [www.cap4kids.org](http://www.cap4kids.org)**

Many services listed, including employment, training health care and housing.

## **CENTER FOR YOUTH ON THE RISE**

12075 Bellefontaine Rd. Spanish Lake 63138 314-355-2348

Ages 12 to 19. A variety of activities and services. Life skills workshops, counseling services, educational support, employment preparation, legal assistance.

## **CHADS COALITION (for Mental Health)**

421 Union Rd 63129 [www.chadscoalition.org](http://www.chadscoalition.org) 314-952-2046

A variety of suicide and bullying prevention programs.

## **COLLEGE BOUND**

110 North Jefferson 63103

[www.collegeboundstl.org](http://www.collegeboundstl.org) 314-361-4441

Information and resources on how to plan, pay for and pursue a college education.

## **COMMUNITY WOMEN AGAINST HARDSHIP**

3963 West Belle Place 63112

[www.cwah.org](http://www.cwah.org) 314-289-7523

Many anti-poverty family and youth based programs.

## **COVENANT HOUSE**

2727 North Kingshighway 63113

[www.covenanthousemo.org](http://www.covenanthousemo.org) 314-533-2241

Shelter, food, showers, laundry facilities, information, referrals, and crisis intervention.

**DEMETRIOUS JOHNSON CHARITABLE FOUNDATION**

724 N. Union 63108

[www.djcfivesback.org](http://www.djcfivesback.org) 314-367-4141

A variety of programs such as GED classes, tutoring, internships, dancing, more.

**EPWORTH'S YOUTH DROP-IN CENTER/STREET OUTREACH**

7520 Natural Bridge Rd. Normandy 63121

[www.epworth.org](http://www.epworth.org) Office-314-222-4877 Outreach-314-952-8689

Mon-Thur 12pm-5pm; Friday 1-5pm and some evenings. Laundry and shower; safer sex kit, legal aid, and birth certificate and ID assistance; support for LGBTQ youth.

**HARAMBEE YOUTH TRAINING**

1142 Hodiarnont Ave. 63112

[www.restorestlouis.org](http://www.restorestlouis.org) 314-726-2302

Job training and skill development in construction trades with a concentration on tuckpointing. For ages 12 - 18. After school and summer programs available.

**KIDS UNDER TWENTY ONE (KUTO)**

**KUTO Crisis Helpline: 314-644-5886 Toll Free: 888-644-5886**

Provides crisis prevention services and suicide intervention

**LIFEWISE STL (Formerly Kingdom House)**

1321 South 11th St. 63104

[www.kingdomhouse.org](http://www.kingdomhouse.org) 314-421-0400

Early Childhood Center, Literacy-focused After School and Summer Camp, and Kingdom Academy for teens. Call for eligibility & geographic areas served.

**MARYGROVE**

2705 Mullanphy Ln. Florissant 63031

[www.marygrovechildren.org](http://www.marygrovechildren.org) 314-830-6201

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, abuse/neglect, parental stress, illness, incarceration of a parent.

**MOTHERS WAY CAREER COUNSELING**

4134 Seven Hills Dr, Florissant, MO 63033

[www.motherswaycc.com](http://www.motherswaycc.com) 314-561-8507

Housing, child care and services for youth transitioning from foster care

**ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE**

314-628-2929 or 877-928-2929

**THE SPOT (FOR AGES 13-24)**

4169 Laclede Ave. 63108

[www.thespot.wustl.edu](http://www.thespot.wustl.edu) 314-535-0413

A drop-in center open M-F afternoons. Laundry, showers, STD/HIV testing, more.

**TREVOR PROJECT**

[www.trevorproject.org](http://www.trevorproject.org) 866-488-7386

National organization providing crisis intervention, resources, to LGBTQ young people.

**YOUTH AND FAMILY CENTER**

818 Cass Ave. 63106 314-231-1147

Youth programs, summer camp, and family support services.

**YOUTH IN NEED**

[www.youthinneed.org](http://www.youthinneed.org) 636-946-5600 Crisis Hotline 24/7: 636-946-3771

In St. Louis County: 314-628-2929

In St. Charles County: 636-642-0642 In St. Louis City: 636-946-3771

# WEBSITES & HOTLINES

Alcoholics Anonymous (AA).....	314-647-3677
ALIVE-Domestic Violence .....	314-993-2777
Better Family Life Gun De-escalation .....	314-203-3900
Call For Help Metro East.....	618-397-0968
Cocaine Anonymous (CA) .....	314-361-3500
Covenant House Youth Hotline.....	800-999-9999
Crime Stoppers.....	866-371-TIPS (8477)
Crisis Nursery Emergency Care for Children.....	314-768-3201
Elder Abuse Hotline.....	800-392-0210
Epworth Street Outreach (YES).....	314-727-6294
Housing Hotline (City or County).....	314-802-5444
Life Crisis Suicide Hotline.....	314-647-4357
MEDICAID.....	www.medicaid.gov
MEDICARE.....	www.medicare.gov
MO Child Abuse and Neglect.....	800-392-3738
MO HealthNet FSD Information Center.....	855-373-4636
Narcotics Anonymous (NA).....	314-830-3232
Runaway Switchboard .....	800-621-4000
Safe Connections-Domestic Violence .....	314-531-2003
Women's Safe House .....	314-772-8952

## 2-1-1 (Operated by United Way 24/7)

[www.211helps.org](http://www.211helps.org)

Counseling, education, employment, utility assistance, etc. Mainly referrals.

## AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare)

[www.HealthCare.gov](http://www.HealthCare.gov) INFORMATION LINE: 800-318-2596

AID TO VICTIMS OF CRIME HOTLINE: 314-652-3623

## BEHAVIORAL HEALTH RESPONSE

[www.bhrstl.org](http://www.bhrstl.org) 24-hour Crisis Line: 314-469-6644 or 800-811-4760

## CALL FOR HELP, INC. (METRO EAST)

[www.callforhelpinc.org](http://www.callforhelpinc.org) 618-397-0968

Comprehensive crisis and other services in Metro East.

## CATHOLIC CHARITIES

4532 Lindell Blvd.63108 [www.ccstl.org](http://www.ccstl.org) 314-367-5500

## CHILD ABUSE AND NEGLECT HOTLINE 800-392-3738

The Children's Division Child Abuse and Neglect Hotline (CA/NHU) is a toll-free telephone line which is 24/7. For hearing and speech impaired, contact Relay Missouri 1-800-735-2466/voice or 1-800-735-2966/text phone.

## COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY

[www.caastlc.org](http://www.caastlc.org) 314-863-0015

**HUNGER HOTLINE**

**Operation Food Search: 314-726-5355 Ext. 3**

This organization provides an automated list of food pantries by zip code.

**KANSAS CITY AREA RESOURCES**

**Comprehensive Listings at [www.kansascityarea.org](http://www.kansascityarea.org)**

**[www.medicaid.gov](http://www.medicaid.gov)**

Low cost health insurance through Medicaid or CHIP (Children's Health Insurance Program). **[www.chipsstlouis.org](http://www.chipsstlouis.org)**

**MID-EAST AREA AGENCY ON AGING**

**[www.agingmissouri.org](http://www.agingmissouri.org) 636-207-0847 or 636-207-1323**

**MISSOURI HEALTH CARE MARKETPLACE**

**[www.EnrollMissouri.org](http://www.EnrollMissouri.org) 24-Hour Hotline: 800-318-2596**

Hotline handles consumer questions and starts the process

**MISSOURI IDENTIFICATION & VITAL RECORDS**

**[www.mo.gov/home-family/identification-vital-records](http://www.mo.gov/home-family/identification-vital-records)**

**NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)**

**Nation-wide Suicide Prevention**

**[www.nami.org](http://www.nami.org) HOTLINE number: 800-273-8255**

The NAMI website provides resources and information about mental illness.

**NATIONAL DOMESTIC VIOLENCE**

**800-799-SAFE (7233) or 800-787-3224**

**PARAQUAD**

**[www.paraquad.org](http://www.paraquad.org) 314-289-4200**

Advocacy and programs to provide independence for people with disabilities.

**SAFE CONNECTIONS**

**2165 Hampton Avenue 63139**

**[www.safeconnections.org](http://www.safeconnections.org) 314-531-2003**

Various programs and resources for victims of domestic violence.

**ST. LOUIS CITY GOVERNMENT WEBSITE [www.stlouis-mo.gov](http://www.stlouis-mo.gov)**

**ST. LOUIS COUNTY GOVERNMENT WEBSITE [www.stlouisco.com](http://www.stlouisco.com)**

**ST. LOUIS YOUTH CONNECTION**

**[www.youthinneed.org](http://www.youthinneed.org) Access crisis help 24 hours a day**

**In St. Louis County: Youth Connection Helpline at 314-628-2929**

**In St. Charles County: Helpline at 636-642-0642**

**In St. Louis City: Call Youth In Need's 24-Hour Help Line at 636-946-3771**

**Text: 4HLP to 31658**

**ST. VINCENT DE PAUL ASSISTANCE LOCATOR**

**[www.svdpstlouis.org](http://www.svdpstlouis.org) or 2-1-1.**

**URBAN LEAGUE [www.ulstl.com](http://www.ulstl.com) 314-615-3600**